

Self- Isolation Learning Guidance – Year 1

Please use the long term plan and half termly overviews on the school website to check the themes covered in each curriculum area for year 1.

https://www.tavistock-pri.devon.sch.uk/website/curriculum_overviews/46359

Have a look at the websites below. Try and vary the subjects that you cover. There are lots to choose from, feel free to use other resources you find and use this to guide the learning that takes place at home.

English

Please use these websites to help support the English work completed at home.

Spelling frame – <http://spellingframe.co.uk>. Make sure you click on the Year 1. Choose one spelling rule to work through each day.

The Babcock home learning site offers lots of different English activities. Pick one or two that you like the sound of and have a go. It is simple to use, just hit download on the activity that you like the sound of and a PDF document will pop up.

<https://www.babcockldp.co.uk/improving-schools-settings/english/home-learning/home-learning-english-key-stage-1>

Oak National Academy has lots of activities for English for Year 1.

Reading and Writing - <https://classroom.thenational.academy/subjects-by-key-stage/key-stage-1/subjects/english>

BBC Bitesize has a lot of useful resources for teaching and testing phonics -

<https://www.bbc.co.uk/bitesize/topics/zcqqtf>

Phonics Play offers lots of interactive games that your child will be familiar with, particularly the games focusing on phase 2, 3 and phase 4 phonics.

<https://www.phonicsplay.co.uk/resources>

Maths

Please use these websites to help support the Maths work completed at home.

The White Rose website has some useful activities to support the skills and knowledge we cover in school. Each lesson is supported by a short video and an activity. Start with week one, this will support the work completed in school so far.

<https://whiterosemaths.com/resources/primary-resources/primary-sols/>

BBC Bitesize has a range of fun and engaging videos to watch with your child, explaining key mathematical principles.

<https://www.bbc.co.uk/bitesize/subjects/zjxhfg8>

Topmarks offers a selection of engaging and interactive games that cover a wide selection of the math's curriculum. <https://www.topmarks.co.uk/maths-games/5-7-years/counting>

Foundation Subjects

We cover a lot of other areas of the curriculum – have a look at the Oak National Academy website who offer a range of activities for different areas of the curriculum. Choose a theme that interests you and click on it. This will take to activities you could do at home.

<https://classroom.thenational.academy/subjects-by-key-stage/key-stage-1>

BBC Bitesize also has a wide range of topics to explore with your child.

<https://www.bbc.co.uk/bitesize/levels/z3g4d2p>

Physical Activity

We recommend you try and complete a form of exercise every day. You could practise a particular sport or a particular skill using some sporting equipment. Try and set challenges for yourself and give yourself targets to beat.

CosmicKidsYoga is a YouTube channel aimed at engaging child with yoga, they focus on popular children's stories and create yoga poses based on the events in the book.

<https://www.youtube.com/user/CosmicKidsYoga>

Joe Wicks has a playlist of PE videos for children, titled Kids Workouts To Do At Home, that include shorter activities that the whole family can get involved with.

<https://www.youtube.com/watch?v=d3LPrhI0v-w&list=PLYCLoPd4VxBvPHOpzoEk5onAEbq40g2-k>