



Week 1

Week 2

Week 3

Dates: 13 Apr, 4 May, 2, 22 June, 13 Jul, 21 Sept, 12 Oct.

Dates: 20 Apr, 11 May, 8, 29 June, 7, 28 Sept, 19 Oct

Dates: 27 Apr, 18 May, 15 June, 6 Jul, 14 Sept, 5 Oct

M Spaghetti Bolognese & Veg (DF),
Quorn & Vegetable Risotto (GF/DF),
Jacket Potato or Sandwich
Oat and Apple Biscuit (DF)

M Beef Burger in Bap, Beans & Veg (DF),
Sweet Potato & Lentil Curry & Rice (DF)
Jacket Potato or Sandwich
Fruit Shortbread (DF)

M Sausages, Potatoes or Pasta & Veg (DF)
Vegetable Frittata & Veg (DF)
Jacket Potato or Sandwich
Custard Biscuit (DF)

T Salmon & Vegetable Risotto (DF/GF),
Cheese & Tomato Pizza,
Jacket Potato or Sandwich
Peach Sponge (DF)

T Mild Chicken Curry & Rice (GF),
Herbie Spaghetti (DF),
Jacket Potato or Sandwich
Apple & Ginger Sponge (DF)

T Chicken, Rice & Veg (DF/GF)
Cheese Wheel Baked Beans or Veg
Jacket Potato or Sandwich
Pear & Chocolate Sponge (DF)

W Roast Chicken Breast (DF/GF),
Veggie Roast (DF),
Jacket Potato or Sandwich
Fruit Flapjack (DF)

W Roast Beef Dinner (DF)
Tomato Tumble, Potatoes & Veg (DF)
Jacket Potato or Sandwich
Fruit Flapjack (DF)

W Roast Gammon & Pineapple,
Broccoli & Green Bean Pasta (DF)
Jacket Potato or Sandwich
Fruit Flapjack (DF)

T Beef Cobbler, Potatoes & Veg (DF)
Quorn Sausage Hotdog & Veg,
Jacket Potato or Sandwich
Fruit Crumble (DF) Custard

T Chicken Pie, Potatoes & Veg (DF)
Quorn Bolognese (DF)
Jacket Potato or Sandwich
Fruit Crumble (DF) Custard

T Chicken & Ham Pie, Potatoes & Veg
Vegetable Burger, Potatoes & Veg (DF)
Jacket Potato or Sandwich
Fruit Crumble (DF) Custard

F Fish & Chips with Vegetables,
Vegetable Nuggets (DF) Chips & Veg,
Jacket Potato or Sandwich
Strawberry Ice Cream Pot

F Fish, Chips & Vegetables or
Savoury Cheese Muffin or
Jacket Potato or Sandwich
Frozen Fruit Smoothie (DF)

F Fish, Chips & Vegetables or
Vegetable Sausages (DF) & Vegetables
Jacket Potato or Sandwich
Raspberry Ripple Mousse

JACKET POTATO AND SANDWICH FILLING OPTIONS

Cheese, Ham, Tuna Mayo or Egg Mayo, plus Baked Beans for Potatoes only