

September  
2020

# FOOD FESTIVAL

By Aspens

9th Nov, 30th Nov, 21st Dec, 11th Jan, 1st Feb

WEEK ONE

## MONDAY Family Faves

## TUESDAY Authentic Italian

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Main Event

#### Bangers & Mash

Pork chipolata served with mash, green beans and gravy ▲

#### Margherita Pizza

Cheesy tomato topped pizza with seasonal salad and garlic slice ▼

#### Roast Chicken

Boneless chicken with crispy roasties fresh cauliflower and gravy ▲

#### Chicken Curry

Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes ▲

#### Fish Fingers

Golden breaded Pollock or Salmon fish fingers with chips and peas

### Vegetarian Section

#### Quorn Bangers

Quorn sausages with mash, green beans and gravy ▼

#### Pasta Napolitan

Wholemeal Penne, tomato sauce seasonal salad and garlic slice ▼

#### Cheese Pinwheels

Toasty cheese spirals with crispy roasties and cauliflower ▼

#### Sweet Potato Balti

Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes ▼

#### Picnic Pitta

Quorn dippers and minty cucumber salad with chips and pitta pocket ▼

### Jacket Potatoes

#### Crispy Skin Jacket Potato with Toppings

#### Tutti Frutti Sponge

Dried fruit and cherry cake served with custard

#### Sticky Orange Cake

Zingy orange cake made with polenta

#### Cheesecake

Biscuit base with soft cheese and fruity topping

#### Chocolate Brownie

Served with Orange Slices

#### Cookie and Shake

Oat Cookie & Chocolate Milkshake

### The Finale

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch

16th Nov, 7th Dec, 28th Dec, 18th Jan, 8th Feb

## WEEK TWO

### MONDAY Family Faves

### TUESDAY Authentic Italian

### WEDNESDAY Baking British

### THURSDAY Food Festival

### FRIDAY Fun Day

#### Main Event

**All Day Breakfast**  
Grilled pork sausage, baked beans, tomato and hash brown with bread and butter ▲

**Firecracker Pizza**  
Healthy pizza with a hint of chilli with mixed salad and wedges ▼

**Baked Gammon**  
Baked gammon with crispy roasties, broccoli and gravy ▲

**Chicken Korma**  
Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn ▲

**Breaded Pollock**  
Lightly breaded white fish fillet chips and peas

#### Vegetarian Section

**Veggie All Day Breakfast**  
Veggie sausage, baked beans, tomato and hash brown with bread and butter ▼

**Pasta Bake**  
Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges ▼

**Cheddar Quiche**  
Wholemeal pastry with cheese and onion filling with crispy roasties and broccoli ▼

**Cauliflower Jalfrezi**  
Lightly spiced cauliflower and lentil curry with rice and sweetcorn ▼

**Beany Wrap**  
Wholemeal wrap stuffed with baked beans and cheese ▼

#### Jacket Potatoes

#### Crispy Skin Jacket Potato with Toppings

#### Banana Loaf

#### Anginetti

#### Eton Mess

#### Carrot and Pineapple Muffin

#### Cookie and Shake

#### The Finale

Fruity banana bread cake

Italian lemon drop biscuits

Crushed meringue and berry rippled cream

Spiced with Cinnamon

Ginger Cookie and Vanilla Honey Shake

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# FOOD FESTIVAL

By Aspens

2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 15th Feb

WEEK  
THREE

Main  
Event

**MONDAY**  
Family  
Faves

**Pizza Whirl**  
Cheesy pizza roll with  
tomato filling  
cobb salad and  
wedges v

**TUESDAY**  
Authentic  
Italian

**Lasagne**  
Beef Bolognese  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad ▲

**WEDNESDAY**  
Baking  
British

**Roast Chicken**  
Boneless chicken with  
mash, fresh carrots  
and gravy ▲

**THURSDAY**  
Food  
Festival

**Chinese Chicken  
Curry**  
Marinated chicken  
thighs with curry  
sauce and rice ▲

**FRIDAY**  
Fun  
Day

**Fishcakes**  
Mini white fish  
fishcakes with chips  
and peas

Vegetarian  
Section

**Macaroni Cheese**  
Baked cheesy pasta  
with a crunchy  
topping and mixed  
salad and wedges v

**Vegetable Lasagne**  
Roasted Vegetables  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad v

**Quorn Roast**  
Quorn with mash,  
fresh carrots  
and gravy v

**Beany Enchilada**  
Mild chilli beans,  
peppers and onions  
with rice and  
sweetcorn v

**Vegan Sausage Puff**  
Quorn sausage  
wrapped in puff pastry  
with chips and peas v

Jacket  
Potatoes

**Crispy Skin Jacket Potato with Toppings**

The Finale

**Italian Crumble  
Cake**  
Crumble top and  
bottom filled with  
apples served with  
custard

**Jelly and  
Fruit**  
Fruit flavoured jelly  
with extra fruit

**Ice Cream  
Tub**  
Vanilla ice cream with  
fruity toppings

**Apple  
Flapjack**  
Oats, apples and  
syrup home baked in  
a chewy bar

**Cookie  
and Shake**  
Lemon Cookie and  
Berry Milkshake

▲ Meat v Veggie ◆ Jacket Potato ■ Packed Lunch