

Learning Project WEEK 6: Food

Age Range: Class 2

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Phonics / Spelling Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Working on Numbots - you will have an individual login to access this. • Play on Hit the Button - number bonds, halves, doubles and times tables. • Look in the cupboards and the fridge. Sort some of the foods you can find into different groups, they could be fruits and vegetables, things in tins or boxes, or whether they are a source of protein or carbohydrate. Which food group has the most or least number of items? Find a way to record the information you have collected; perhaps you could make a graph or a pictogram? • Make a tally throughout the week to show which foods everyone in your family eats for breakfast or lunch. At the end of the week, find the total of each tally. How else could you present this data? Do you have enough data to make a graph or a pictogram? • Play the game Fruit Fall - answer the data questions based on how many pieces of fruit you catch. • Work with a grown up to follow a recipe that involves measuring and weighing. Which numbers can you find in the recipe? Which units of measurement are you using? • Work on using money to pay for things by setting up a pretend supermarket using some packets from your kitchen. Ask a grown up to help you write some price tags for each item and then work out which coins you would use to pay for each thing. You can challenge yourself by choosing more than one item from your shop and finding the total cost. • This site has daily Maths lessons which can be accessed online. These are available for Y1 and for Y2. https://whiterosemaths.com/homelearning/summer-term/ • Design a poster showing what you learned in your daily Maths lesson you can be as creative as you want to be! 	<ul style="list-style-type: none"> • Phonics play • Top Marks • Spelling • Spell the days of the week • Spell common exception words • Spelling City • Access Read Write Inc phonics lessons every day via you tube live: click here • Parents; your child will be learning Speed Sounds related to their reading ability. If you're not sure which set your child should be working on, start at the beginning and see how you get on. If you find set one too easy for your child, then please progress to set two or three. • <u>Speed Sounds 1 sounds:</u> m, a, s, d, t, i, n, p, g, o, c, k, u, b, f, e, l, h, sg, r, j, v, y, w, th, z, ch, qu, x, ng, nk • <u>Speed Sounds 2 sounds and phrase:</u> ay: may I play, ee: what can you see, igh: fly high, ow: blow the snow, oo: poo at the zoo, oo: look at a book, ar: start the car, or: shut the door, air: that's not fair, ir: whirl and twirl, ou: shout it out, oy: toy for a boy • <u>Speed Sounds 3 sounds and phrase:</u>a-e: make a cake, ai: snail in the rain, ea: cup of tea, e: he me we she be, i-e: nice smile, o-e: phone home, ao: goat in a boat, u-e: huge brute ew: chew the stew, aw: yawn at dawn, are: share and care, ur: nurse for a purse, er: a better letter, ow: brown cow,oi: spoil the boy, ire: fire fire!, ear: hear with your ear, ure: sure it's pure? • Watch and/or practise your sounds every day, choosing one sound per day to focus on. Use your sound of the day to identify words which include that sound and have a go at saying and then spelling them with the correct letter graphemes. • Make your own phonics cards to help you practise the sounds. • Practise ten words related to food or cooking that you would like to learn to spell. Use look / cover/ write and check. Get someone in your family to test you when you think you have learnt them. • Then try writing an interesting sentence using each of those words. • Choose 5 Common Exception words and practise spelling them using bubble letters.

Weekly Reading Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> ● Read out aloud the ingredients on the back of a tin or cereal box to an adult? ● Can you add the sound buttons onto three words that you found in the ingredients list? ● Find a recipe book in the house or online and read the ingredients needed to make something. ● Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order and add on sound buttons to three of the items found. ● Read a variety of books and make a list of all the different types of food you find. ● Write an A-Z of different foods. Can you think of something for every letter in the alphabet? <p>Free Ebooks that could be useful are: Mix Mix Mix, The Big Carrott, Plants for Dinner, Leek Hotpot</p>	<ul style="list-style-type: none"> ● Create a shopping list for the week. Can you group the items into food groups on your list e.g. fruit and vegetables, meat, dairy, fats and sugars. ● Write a recipe for a healthy meal. Use subheadings for the ingredients and instructions. ● Write a set of instructions for making toast. Can you use imperative verbs? ● Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark? ● Write a poem about your favourite food. Will it rhyme? Think about how you could present your poem – could you write it in the shape of your favourite food? Have a look at some examples here! ● Design a new milkshake. Which ingredients will you include? Can you write a list of all the ingredients you used? See whether the other people in your house like the milkshake you have designed!

Learning Project - to be done throughout the week: Food

The project this week aims to provide opportunities for you to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc .

There are lots of different activities and videos you could use from the Premier League Stars [here](#)

Balanced diet

Watch this [video](#) about how to have a balanced diet. If you don't have access to the internet, ask a grown up to talk to you about healthy eating. Play these [games](#) about healthy eating.

Fruit and vegetables

Draw observational pictures of fruit and vegetables in your house. Make sure you look carefully at the small details so that your drawing is as realistic as possible.

Sorting activity

Collect food from the kitchen and sort into healthy and unhealthy foods – look at the traffic light labels on packets to help you!

Design a poster

Think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in your house to remind you what a healthy and balanced diet looks like. Will you be able to use any food wrappers or make your poster interactive?

Healthy lunchbox

Play this [game](#) to make a healthy lunchbox.

Traditional food

Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a

different festival. What are the similarities? What are the differences? How is the food prepared? Do you have any traditional food you enjoy with your family?

Restaurant

Can you plan a menu? Think about what you would like to have on your menu. Will you have options on your menu for people who are vegetarians or have allergies? Look around the house for any leaflets or take away menus. What price is the food? Can you do any meal deals? Make sure your menu looks attractive so that people will want to eat in your restaurant!

Designing a school menu

Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Will you have a different menu every day or will some things be available all the time? How can you decorate your menu to inspire people to try different foods?

Cooking

Find a few recipes and check if you have the ingredients at home and cook a meal for your family. Think about a starter, main and dessert. Can you cook as a family? Who will do the measuring?

Wellbeing

Remember, keeping your body healthy and active helps you to manage your feelings and emotions.

- **Let's Get Active!**

Fancy trying something different?! How about playing volleyball with a balloon? Or setting up an obstacle course using things you have around the house or garden? You could try turning part of your house into a spider's web using wool or tape and then try to get from one side to the other without touching it!

- **Mindfulness**

You will need a raisin or a small piece of chocolate for this mindful activity but make sure you read the instructions before you start! First wash your hands, then find somewhere quiet to sit with your raisin or piece of chocolate. Put it on the palm of your hand and smell it carefully. Now close your eyes and put it onto your tongue. Don't chew it! Just let it sit on your tongue and the flavours will start to emerge. How long can you sit quietly with the raisin / chocolate on your tongue? Try to really concentrate on what you can feel in your mouth. After a few minutes you can eat the raisin / chocolate. What did you notice during this activity?

Additional learning resources parents may wish to engage with

[White Rose Maths](#) – These packs will be able to take you and your child step by step through different mathematical concepts!

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.

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