

Spring / Summer 2019



w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 12th Aug, 2nd Sept, 23rd Sept

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Loaded Mac n Cheese and Garlic Focaccia ▲ Spring Veg Frittata and Garlic Focaccia ▼ Italian Orange Cake	Bangers and Mash ▲ Vegan Quorn Bangers and Mash ▼ Banana Bread and Butter Pudding with Custard	Roast Beef and Gravy ▲ Cherry Tomato and Rocket Tart ▼ Honey Picnic Flapjack	Chinese Chicken Noodles ▲ Sweet Potato Balti with Basmati Rice ▼ Berry Eton Mess	Fish Fingers and Chips ▲ Quorn Brunch Muffin and Chips ▼ Cookie and Shake Oat Cookie & Chocolate Milkshake

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 29th Jul, 19th Aug, 9th Sept, 30th Sept

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Mozzarella Pizza with Wedges Fresh Tomato and Basil ▲ Wholemeal Penne Pasta Neapolitan ▼ Tiramisu Trifle Pot	Beef Bolognese with Spaghetti ▲ Cheddar Cheese and Spinach Quiche with New Potatoes ▼ Toffee Apple Tart and Custard	Lemon Roast Chicken with Sage and Onion Stuffing and Gravy ▲ Quorn Roast with Stuffing and Gravy ▼ Ice Cream Tub	All American Turkey Twist Burger in Wholemeal Bun ▲ Chunky Chilli Tacos with Tangy Salsa ▼ Mini Chocolate Brownie with Orange Wedge	Crispy Battered Fish and Chips ▲ Picnic Pitta with Minty Cucumber Salad and Chips ▼ Cookie and Shake Ginger Cookie and Vanilla Honey Shake

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 5th Aug, 26th Aug, 16th Sept

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Firecracker Pizza with Herb Wedges ▲ Broccoli and Salmon Pasta Bake ▼ Apricot Biscotti Lemon Yoghurt	Root Mash Topped Cottage Pie ▲ Smokey Quorn Meatballs and Yellow Rice ▼ Butterscotch Tart	Roast Gammon with Sticky Pineapple ▲ Super Green Veggie Lasagne ▼ Magic Chocolate Pudding	Punjabi Butter Chicken with Rice ▲ Butternut Squash Risotto ▼ Carrot and Pineapple Muffin	Fish Fingers and chips ▲ Cheese and Marmite Muffin with chips ▼ Cookie and Shake Lemon Cookie and Berry Milkshake

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
(allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings

- ▲ Meat
- ▼ Veggie
- ◆ Jacket Potato
- Packed Lunch

Aspens

