



Long Term Overview for PSHE and Safeguarding curriculum including Mental Health

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Citizenship and British Values Social Issues-Community- Internet Safety	Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Understanding the dynamics of a healthy relationship -Friends and Family PANTS	Living in the wider world-Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity	Health and Well Being-Keeping Safe, People Who help us Aspirations/Science Week	Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)
Year 1	Citizenship and British Values Social Issues-Community- Internet Safety	Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Understanding the dynamics of a healthy relationship -Friends and Family PANTS	Living in the wider world-Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity	Health and Well Being-Keeping Safe, People Who help us Aspirations/Science Week	Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)
Year 2	Citizenship and British Values Social Issues-Community- Internet Safety	Understanding personal change and responsibility -All about Me Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Understanding the dynamics of a healthy relationship -Friends and Family PANTS	Living in the wider world-Media Influence Financial Capability- Class Fun Raising Project to raise money for selected local charity	Health and Well Being-Keeping Safe, People Who help us Aspirations/Science Week	Internet Safety Revisit Mental Health-Facts 4 Life-Adapted to suit needs of the class(Focus on Emotions)
Year 3	Mental Health-Belinda Heaven Handbook Internet Safety	Citizenship and British Values Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Friends and Family Social Issues	Media Influence	Keeping Safe at Home/Keeping safe outside Growing up	Personal Responsibility
Year 4	Mental Health-Belinda Heaven Handbook	Citizenship and British Values Kindness and Anti Bullying	Friends and Family	Financial Capability- Class Fun Raising	Keeping Safe at Home/Keeping safe	Personal Responsibility

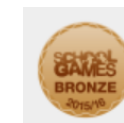
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	Internet Safety	Wear Blue Campaign 17/11/18	Social Issues	Project to raise money for selected local charity	outside Growing up	
Year 5	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Media influence
Year 6	Citizenship and British Values	Friends and Family Kindness and Anti Bullying Wear Blue Campaign 17/11/18	Mental Health- Belinda Heaven Handbook	Growing up	Keeping safe at home, Keeping safe outside	Dove Campaign-Body Image Media influence

Large Scale Interventions

- Dove Campaign (Year 6)
- Facts 4 Life (Any Year Group)
- Counting Sleep (Upper Key Stage 2)
- Oaks (KS2)
- Make me a Superhero (Any KS1 /EYFS)
- Positive Touch (Any KS1 /EYFS)

Smaller Interventions

- PALS
- Lego Mood Monsters
- Anger management

Events

- Mental Health Week
- Anti-Bullying Week
- Healthy Eating

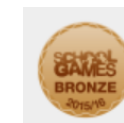
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