

E-Safety Bulletin Summer 2018

The internet can be a wonderful thing, however for many of us in the 21st Century it is a constant worry to think about keeping our children safe online. Here are some steps you can take to make this easier to safeguard children and young people at home....

Don't

- Don't allow children to have internet enabled devices in their bedrooms, keep them in common spaces like the lounge.
- Don't buy your child web enabled games that not suitable for their age or understanding. The 18 and 15 ratings apply to games as well as films and TV shows!!
- Don't keep wifi on late at not or when you are not around.
- Don't allow your child to download apps they are too young for – Did you know there is a kids you tube app????
- Don't allow your children to meet someone they have met online without adult supervision if at all.

Do

- Do speak to your children about what they are doing online and who they might be communicating with <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/>
- Do use parental controls on your devices and wifi – If you don't know how – follow this link where the NSPCC offer help and support <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/parental-controls/>
- Do report any online behaviour that you think is a risk to children and young people to CEOP <https://www.ceop.police.uk/safety-centre/>
- Do speak to your child about what they share online from photos to location check-ins that let people know where they are. This is a helpful video <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/>
- Do ensure your children know that not everyone is a friend online.