



Uttlesford School Sports Partnership – Weekly Challenge

WEEKS TWO AND THREE

Date: Monday 18th January to Sunday 31st January

1km Run Down Challenge

This week's challenge is a 1km run time trial.

Run 1km in the fastest time possible.

The winners will be:

- Fastest Boy/Girl for each Year Group (Reception to Year 6)

Send through the following details to jcoleman@swchs.net to enter:

1. Name
2. School
3. Gender
4. Year Group
5. Time achieved
6. Evidence of run & time (screenshot/picture)



(Apps for recording running activity; Strava, MapMyRun, Runtastic etc)

Best of luck!