

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Autumn Menu 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2 nd Sept 23 rd Sept 14 th Oct 11 th Nov 2 nd Dec	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Savoury Mince Beef with Mash Potato	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Chicken Arrabiata Pasta	MSC Fishfingers with Chips & Tomato Sauce
	Vegetarian	Vegetable Sausage in a Hot Dog Roll with Potato Wedges	Bean & Vegetable Cobbler with Mash Potato	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese	Cheese and Onion Quiche with Chips & Tomato Sauce
		Sweetcorn Coleslaw	Green Beans Sweetcorn	Carrots Broccoli	Roasted Mixed Vegetables, Garden Peas	Baked Beans Garden Peas
	Dessert	Carrot & Courgette Cake with Cream Yoghurt/ Fresh Fruit Salad	Orange Drizzle Cake Yoghurt / Fresh Fruit Platter	Tutti Frutti Wednesday Yoghurt	Wholemeal Apple Crumble with Custard Yoghurt / Fresh Fruit Salad	Oaty Cookie Fresh Fruit / Yoghurt
Week 2 9 th Sept 30 th Sept 28 th Oct 18 th Nov 9 th Dec	Main	Wholemeal Ham & Cheese & Tomato Pizza with New Potatoes	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes & Gravy	Chicken Curry with Rice	MSC Battered Fish with Chips & Tomato Sauce
	Vegetarian	Cheese & Tomato Pizza with New Potatoes	Creamy Vegetarian Pie with Boiled Potatoes & Gravy	Vegetarian Toad In hole with Roast Potatoes & Gravy	Sweet & Sour Quorn with Rice	Cheese & Pepper Whirl with Chips & Tomato Sauce
		Sweetcorn & Peppers	Green Beans Cauliflower	Cabbage Carrots	Sweetcorn	Baked Beans Garden Peas
	Dessert	Rice Pudding with Mixed Berries Yoghurt/ Fresh Fruit Salad	Vanilla Shortbread Yoghurt / Fresh Fruit Platter	Tutti Frutti Wednesday Yoghurt	Eves Pudding with Custard Yoghurt / Fresh Fruit Salad	Apple Flapjack Fresh Fruit / Yoghurt
Week 3 16 th Sept 7 th Oct 4 th Nov 25 th Nov 16 th Dec	Main	Beef Meatballs Tomato Sauce with Rice	Chicken Pie with Gravy with Mashed Potato	Roast Turkey with Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread	MSC Fish fingers/ Salmon with Chips & Tomato Sauce
	Vegetarian	Soya Bolognaise with Wholemeal Pasta	Shepherdess Pie with Gravy	Vegetarian Wellington with Roast Potatoes & Gravy	Vegetable Lasagne with Garlic Bread	Red Pepper and Cheese Frittata With Chips & Tomato Sauce
		Peas Carrots	Sweetcorn Broccoli	Carrots Green Beans	Mixed Vegetables	Baked Beans Peas
	Dessert	Banana Sponge with Cream Yoghurt / Fresh Fruit Platter	Pear Crumble with Custard Yoghurt / Fresh Fruit Salad	Tutti Frutti Wednesday Yoghurt	Chocolate & Mandarin Sponge & Chocolate Sauce Fresh Fruit / Yoghurt	Ice-Cream (Vanilla Shortbread for serveries) Fresh Fruit and Yoghurt

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily

