

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Summer Silver Menu 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese	Roast Gammon with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018 04/06/2018 25/06/2018 16/07/2018	<b>Vegetarian</b>	Wholemeal Pasta Neapolitan with Spinach	Soya Mince & Veg Stir Fry with Noodles	Quorn Roast with Roast New Potatoes & Gravy	Vegetable and Apricot Tagine with Lemon and Mint Couscous and Wholemeal Flatbread	Cheese, Onion and Spinach Frittata with Chips
		Carrots Garden Peas	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Mixed Peppers & Green Beans	Baked Beans Garden Peas
	<b>Dessert</b>	Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Oaty Apple Cake Yoghurt Fresh Fruit Platter	Apple Pie with Custard Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Salad
<b>Week 2</b>	<b>Main</b>	Chicken Arrabiata Pasta	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Turkey with Roast Potatoes & Gravy	Jollof Rice with Chicken	Breaded Fish Chips, Tomato Sauce
23/04/2018 14/05/2018 11/06/2018 02/07/2018 23/07/2018	<b>Vegetarian</b>	Jollof Rice with Quorn and Mixed Beans	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese & Garlic Bread	Spicy Bean Burger with Chips
		Roasted Peppers & Sweetcorn Mix	Mixed Green Salad Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	<b>Dessert</b>	Berry and Apple Strudel & Cream Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Oaty Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Choc Sauce Yoghurt Fresh Fruit Platter	Chocolate Shortbread Fruit Yoghurt Fresh Fruit Salad
<b>Week 3</b>	<b>Main</b>	Cajun Chicken with Rice	Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish in Batter, Chips, Tomato Sauce
30/04/2018 21/05/2018 18/06/2018 09/07/2018	<b>Vegetarian</b>	Lentil and Sweet Potato Curry with Rice	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese and Tomato French Bread Pizza with Chips
		Mixed Peppers & Green Beans	Sweetcorn and Roasted Tomatoes	Fresh Mixed Seasonal Vegetables	Broccoli and Cauliflower	Garden Peas Baked Beans
	<b>Dessert</b>	Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Fruit Pots Fruit Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Peach Upside Down Cake Yoghurt Fresh Fruit Platter	Vanilla Shortbread Yoghurt Fresh Fruit Salad