Spring 2020: Exploring and Choosing Activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Physical Physical	Garden explore Scooters/Hammock	Garden explore Scooters/Hammock	Garden explore Scooters/Hammock	Garden explore Scooters/Hammock	Garden explore Scooters/Hammock
Gross Motor	Trampete	Trampete	Trampete	Trampete	Trampete
Fine motor CA/VS/AH	Jigsaws Mark making	Build Mark making	Paint	Craft Mark making	Transport/Balls/Gutter Mark making
Food RC	Biscuits Cereal	Dry fruit Cereal	Pasta/Noodles Cereal	Fresh Fruit & Veg <mark>BP/SB</mark> Cereal	Popcorn Cereal
Sensory CB/GT	Soft toys Puppets etc.	Musical instruments	Messy play Foam/Ublek/Bark etc.	Sand or 'Play-Doh'	Mixing