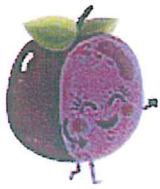


Lunch Menu



Week 1

Home-made Cheese Pizza or Salmon fish cake

Baked Beans and Pea's
Chipped Potatoes/
Wholewheat pasta / Home-made Bread

Home-made Chocolate cracknel or Yogurts, Fresh Fruit & salad

Lemon chicken (opt) crust or Vegetarian Toad-in-the-Hole

Broccoli and carrots Boiled potatoes /home-made bread

Home-made Fruit crumble & custard or Yogurts, fresh fruit & salad

Cottage pie or Fish fingers

Pea's and sweetcorn Boiled potatoes/Home-made Bread

Homemade chocolate sponge & sauce or Yogurts, Fresh Fruit & Salad

Roast Gammon and pineapple or Vegetarian Chilli

Carrots and Cabbage, Roast Potatoes /

Home-made Bread roll

Home-made shortbread and custard or Yogurts, Fresh Fruit & salad

Build your own burger or veggie burger

Pea's and spaghetti hoops
Cube potatoes /
Home-made Bread

A choice of ice cream or Yogurts, Fresh Fruit & salad

Week 2

Oven baked battered fish or cheese calzones

Tomatoes and Peas
Chipped Potatoes/ Wholewheat Pasta /

Home-made bread

Home-made fruity flapjack or Yogurt, Fresh fruit & salad

Beef stew & dumplings or Sweet & sour sausages

Carrots and broccoli

Boiled potatoes /

Home-made Bread.

Cheese cake or Yogurts, Fresh Fruit &salad

Chicken tikka or Vegetarian bake

Sweetcorn and Pea's

Rice

Home-made Bread .

Strawberry fruit jelly or Yogurt, Fresh Fruits & salad

Roast pork crackling& apple sauce or Vegetarian cottage pie

Cabbage and carrots

Roast potatoes /

Home-made Bread

Chocolate mousse sponge or Yogurts, Fresh Fruit & salad

Hot dogs and caramelize onions or Homemade Macaroni

cheese. Bake beans /Pea's

Potato wedges /

Home-made Bread

Iced sponge or Yogurts, Fresh Fruit &salad

Week 3

Home-made Pizza or Tuna past bake

Mixed Vegetables Chipped Potatoes / Wholewheat pasta
Home-made Bread

Home-made Peach crumble& cream or Yogurt, Fresh Fruit & salad

Gammon & pineapple or vegetarian square

Carrots and Pea's

Boiled Potatoes/

Home-made Bread

Home-made Slice with Toffee Sauce or Yogurt, Fresh Fruit & salad

Homemade Spaghetti

bolognese or Cheese quiche

Sweet corn and Brussel sprouts

Spaghetti /Home-made Bread

Home-made Fruit Strudel and custard or Yogurt, Fresh Fruit & salad

Roast chicken & stuffing or Home made veggi meatballs.

Roasted parsnips and broccoli.

Roast potatoes /

Home-made Bread

Chocolate short bread & cream or Yogurts, Fresh Fruit & salad

Friday's breakfast. Sausage, veg sausage, bacon, eggs, mushrooms

Baked Beans and tomatoes

Hash browns/ Home-made

Bread Roll

Strawberry mousse ,biscuit or Yogurts, Fresh Fruit & salad

Mon

Tues

Weds

Thurs

Fri

