

1.6 IF THIS IS THE ANSWER

Objective: Write mathematical statements using $+/-/=$.

Instructions

1. Make a set of 1 to 20 number cards. Spread them out face down on the floor.
2. Turn one card over. This is your target number.
3. Write down two number sentences that give your number as the answer. So, if your card was 13, you might write $10 + 3 = 13$, and $15 - 2 = 13$, for example.
4. Choose a favourite exercise activity, such as shuttle runs, bunny hops or star jumps etc.
5. Complete the target number of that activity. So, if you picked 13 and chose shuttle runs, you would need to do 13 shuttle runs.
6. Continue playing until you have picked 5 cards and chosen five different exercise activities.

Challenge

Can you think of five ways to make the target number each time?

