

## 3.2 EXERCISE PROBLEMS

**Objective:** Solve subtraction problems.

### Instructions

1. Have some markers (books, toys etc) available, and a space to run to it safely.
2. Run to and from the marker as many times as you can in 20 seconds – ask a helper to be a timekeeper.
3. Have a rest and then do as many jumping jacks as you can in 20 seconds.
4. Subtract the lower score from the higher one, recording your number sentence.
5. Repeat twice more. How can you generate different numbers?

### Challenge

Do the same activity but with different exercises, such as walking backwards to and from the marker, or skipping with a rope, for example. Choose two, do each one for 20 seconds, and then subtract them.

