

Objective: Compare and measure length

Instructions

1. Have some markers (books, toys etc) available, and a space to jump across safely.
2. Stand on your starting point and jump across as far as you can.
3. Put a marker where you jumped to.
4. Try again and say whether this jump was longer or shorter than the first one.
5. Try a few more times, marking them and explaining whether each one is shorter or longer than the others every time.
6. Measure the shortest and longest jumps you have managed, first in foot lengths (use your foot and count how many 'feet' you've jumped), and then with a ruler or tape measure.

Challenge

Compare and measure different sorts of jump, such as:

- Three steps then jump
- Run and jump (outdoors, on grass only)
- A 'stand and jump backwards' jump
- A step (leave one foot at the start point and see how far you can step out with your other foot).

