

2014-2015 Vision

The PE and funding for this year will be used to continue the foundation that we set in place last year.

We aim to do this in a number of ways including:

- CPD focus on whole school gymnastics. All staff to receive a half term CPD course in gymnastics delivered in house by Lynsey White (Tyneside gymnastics).
- A girls only specifically targeted club – to raise the numbers of girls competing and participating in school sports activities.
- An SEN targeted club – focus on those who would like the fun participation side of sports without the competitive element.
- Development of the school yard focusing on structured activities that maintain and enhance a healthy lifestyle. Including playground buddies and play leaders.
- Investment in PE equipment.
- Enter and compete in every North Tyneside School Games events.

2014 – 2015 Review

2014 – 2015 was another fantastic year for Appletree in schools sport and PE.

We managed to secure our second consecutive Gold medal position in the School Games Medal Table and also achieve a fantastic Silver Award for the Sainsbury's School Games kitemark. This was the first time the school had applied for such a kitemark in recognition to the work towards PE and School sport.



CPD

All staff had a full course of gymnastics delivered by Lynsey White over a half term. Before the training was carried out staff completed a self evaluation form based on their experiences and competencies in gymnastics. Lynsey took these away and together with the PE lead developed a scheme of work specific to our school and the needs of the staff. All staff had the opportunity to observe Lynsey and make lesson plans and notes for the future. Staff were encouraged to be part of the lesson and were fully involved in the delivery of the sessions.

After the half term staff then again filled in the same self evaluation form and the difference in results were clear to see.

Since the training, gymnastics has become a major part of the school sport programme, and a weekly gymnastics club has led to many successes in gymnastic competitions.



Festivals and competitions attended



Y1 Agility	Y1 Football
Y2 Skipping	Y2 Target + Flight
Y 3 Tri golf	Y3 Tennis
Y3/4 Gymnastics x 3	Y3/4 Athletics
Y4 Football	Tennis 4Y
Y4 Quicksticks x 2	Y4 Dance Festival

Sports Enrichment/ Sainsbury's School games day.

After our very successful Sainsburys school games day last year we could not wait to do it again!

This year it took place on the 23rd June. The weather was on our side and the children enjoyed the sunshine and the activities. The format was the same, as the children had options to choose and they could pick two of them. Access Coaching were invited as well as Charlene Melling from Individual Success who ran the cheerleading and street dance. Other activities included:

Dodgeball, golf, archery, healthy cooking, athletics, handball, basketball.

