

# ST JOSEPHS PRIMARY SCHOOL

We tested  
**79**  
of your pupils...

**45%**  
of the participant  
we tested were  
boys

**55%**  
of the participant  
we tested were  
girls



**24.6**  
was their  
average  
strength score



**25** out of **48**  
was their  
average  
movement  
score

**8.1**

was their average physical activity  
enjoyment score (out of 10!)

**26**

was their average physical activity  
self-perception score (out of 36!)

**4.1**

was their average physical activity  
engagement score (out of 6.5!)

on avergae,  
boys scored  
slightly  
higher than  
girls in all 3  
areas

# SO WHAT?

Thanks to your help, we tested over 700+ children in Gloucestershire from 10 different schools!

Our research has identified that whilst both physical activity enjoyment and perceived ability are high, motor skill competency (their movement patterns) show room for improvement...

Movement scores ranged from 16 out of 48 to 47 out of 48!



All of these things are required for children to participate in regular physical activity!