

### Healthy World – Healthy me! – Autumn

Stages	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5
	<b>Pre structural</b> No real understanding of topic, fails to grasp concept	<b>Uni structural</b> Able to identify intended learning and follow simple instructions but limited knowledge	<b>Multi structural</b> Can perform and combine simple skills but not independent in using strategies for learning	<b>Relational</b> With limited support: able to analyse/ apply/compare and contrast/ explain and justify information gathered.	<b>Extended abstract</b> Fully independent in making connections between facts learned and able to reflect and draw conclusions
Key learning	With help, I can talk about how to stay healthy and how to take care of myself.	I can find out and understand information given to me on how to stay healthy.	I know how to make a healthy choice for myself.	I know how my body can benefit from making healthy choices and exercise.	I can use all of the information I have learned keeping healthy and can create a new Mr Man story for a year group library to be situated in the entrance hall. In my book I will demonstrate all of things I have learned.
<b>Attainment</b>					
Where does food come from	I know that fruit and veg are good for me.	I know that some food groups aren't good for me, and some are.	I know that there are different food groups and that some aren't good for me.	I can use correct scientific vocabulary for the main 5 food groups and offer examples of each	This could include <ul style="list-style-type: none"> <li>• Knowing the right amounts of different types of food</li> <li>• Preparing a variety of healthy dishes</li> <li>• Understanding the impact of exercise and hygiene on the body</li> <li>• Understanding where food comes from</li> <li>• What happens if someone doesn't make healthy choices</li> </ul>
What are the different food groups	I know that too many chips, sweets and fried food are not good for me.	I know I need a mixture of protein and vegetables in my diet	I can explain why I should eat more of some types of food than others.	I can explain which of the food groups I should eat more of and less, and most crucially why.	
What are the right amounts of different food in each group	With help I can prepare a healthy snack	I can follow a simple recipe to prepare a healthy meal, with support	I can follow a simple recipe to prepare a healthy meal	I can design and make a healthy meal independently	
What the effect of exercise is – linked to TAKING CARE Project, Protective behaviours	With help I can suggest things that I can do to keep active	I can suggest things I can do to keep me active	I can demonstrate things that keep me active	I can design an exercise routine to keep me fit	
How do I keep myself safe and healthy?	With help I suggest ways of keeping safe and healthy	I can suggest a way of keeping me safe and healthy	I can suggest a ways of keeping me safe and healthy	I can explain and record a number of ways we keep fit and healthy.	
How do children stay safe and healthy in Bo in Sierra Leone?	I know where Africa is and can compare schools and homes there	I know where Sierra Leone is and that buildings do not always have	I know where Bo is and can talk about the markets and the food that is	I can describe several similarities and differences between life in Bo and life in Warwick, including a healthy	

	with our schools and homes.	electricity and clean running water – I can explain how this makes it harder to stay safe.	eaten there and how people try to stay clean and healthy.	diet and how to stay clean and safe.	
What is 'A Healthy World'? (Environment)	I know that some packaging can be recycled and that I can help with this.	I know that lots of food comes in packaging and that not all of it can be recycled.	I know that plastic waste is a problem for the whole world and that I can play a role in reducing this.	I can talk about different oceans and continents and discuss environmental issues that affect the whole world.	
What is 'A Healthy World'? (Peace)	I know that in the past there have been two world wars	I know that lots of people suffer during a war and lots of people die	I know that after the wars people try to live in peace and Remembrance Day is a reminder of this	I know that Remembrance Day helps us to remember soldiers who have died in the two world wars and that the message of peace and reconciliation is marked through the commemorations.	