

**This is a one off addition to our weekly newsletter, designed to give our parents information on food in school.**

### School Census Day - Thursday 17<sup>th</sup> January

**PLEASE CAN ALL KS1 PUPILS HAVE A COOKED SCHOOL MEAL ON THURSDAY**  
**OUR SCHOOL WILL BE FUNDED ON THIS NUMBER OF MEALS**  
**FOR THE WHOLE YEAR!**

Dear Parents and Carers

Next Thursday, 17<sup>th</sup> January 2019, is a National School Census Day. This is when the Department for Education (DfE) collects information about each school to help them plan for the future and, most importantly, the data is used to set future school budgets. One of the figures we have to report is the number of Reception and Years 1 & 2 children who are having a Universal Infant Free School Meal (UIFSM) on this day.

The census data is then used to decide how much funding for the year we get for our hot meals. This means that if your child does not have a meal on Thursday, we will not receive any further funding for the rest of the year. If your child chooses to have a meal on another day, we will have to fund this from our school budget

We do not receive funding for the amount of hot meals we supply, only the number of meals eaten on the two census days in October and January each year.

**Our solution to this problem is to ask every child in Reception, Year 1 and Year 2 to try the hot meal on Census Day. Then your child will be fully funded to have hot meals during the year thus saving the school any additional costs.**

Both schools have made a very special effort to provide a special menu that day to ensure that your child will enjoy their meal.

Thank you for your support.

#### Infant School - Census Day Menu

Roast Ham or Roast Chicken

Or

Vegetarian Toad in the Hole.

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Selection of veg, boiled or roast potatoes

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Ice-cream, Jelly, Fruit, Yogurt or  
Chocolate Sponge and Custard.

#### Junior School - Census Day Menu

Each class completed a survey this week (results on next page) to choose the meal they would most like on Thursday. They chose:

Roast Gammon

Or

Homemade Cheese Pizza

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Selection of veg & roast potatoes

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Ice-cream, shortbread or cheesecake

**We would encourage all pupils to take part and enjoy a school meal they designed!**

James Cashmore, director of Food for Life, said "It has never been more important for us to make healthy eating easy and normal for children and despite the fact that only 1% of packed lunches meet the nutritional standards that currently apply to school food, 57% of pupils are not eating school lunches at all. It is much easier for children to get the nutrients they need to stay healthy from a cooked school meal.."

Food for Life has launched the 'Great Roast Dinner' celebration to encourage more pupils to eat a healthy school dinner. We have signed up to ensure both schools take part in this nationwide event!

## Junior School Survey Results

Each class as asked to vote on their favourite meals so that next Thursday, we could provide a special menu to encourage our pupils to try a school meal. Here are the results!

	Meat option	Veggie option	Vegetable choice 1	Vegetable choice 2	Potato choice	Dessert choice
Wanson	Hot dogs	Pizza	Carrots	Baked beans	Wedges	Sponge
Northcott	Hot dogs/ Big breakfast	Pizza	Sweetcorn	Baked beans	Potatoes	Ice cream
Sandymouth	Roast gammon	Pizza	Sweetcorn	Sprouts	Chips	Cheesecake
Blackrock	Pizza	Macaroni Cheese			Cubed potatoes	Ice cream
Widemouth	Big breakfast	Pizza	Sweetcorn	Broccoli	Cubed potatoes	Cheesecake
Crackington	Roast gammon	Pizza	Carrots		Potatoes	
Summerleaze	Roast gammon	Pizza/ Pesto pasta			Chips	Brownies/ cheesecake
Duckpool	Roast gammon	Pizza	Sweetcorn	Carrots	Roast potatoes	Shortbread

## School meals going forward

As you can see from our Junior School class survey, pizza is a really popular option; however our school kitchens must adhere to a lengthy set of regulations – the School Food Plan, which restricts school kitchens offering more than one portion of cheese per week for example. As you can imagine coming up with a menu that is both healthy and appealing to our pupils, as well as meeting these strict guidelines, can be quiet tricky! The guidelines can be found via the link below:

[www.schoolfoodplan.com/actions/school-food-standards](http://www.schoolfoodplan.com/actions/school-food-standards)

We would really like to encourage our pupils to have a cooked school meal and are keen to research why some families choose to provide a packed lunch instead.

We would be really grateful if you complete a brief survey on your child's experience of school meals and how you feel they could be improved. (One survey per child please!) The survey has been emailed to all parents whom we have an email address on file. Otherwise if you could complete this paper version and hand it into the school office. Many thanks.

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### SCHOOL MEALS SURVEY

Child's Year Group: \_\_\_\_\_

Does your child ever have a cooked school meal: YES/NO

If yes, how frequently does your child have a cooked school meal: Daily?

(Please indicate by circling or ticking your answer)

Once or twice a week  
Once or twice a 3 week cycle  
Once or twice a term  
Once or twice a year

What meal does your child like on the school menu: \_\_\_\_\_

What meal does your child not like on the school menu: \_\_\_\_\_

What would your child like to see on the school menu: \_\_\_\_\_

(KS2 pupils only)

Considering the average price of a Morrison's sandwich is £2\* and a Sainsbury's sandwich is £2.36\*, do you think £2.30 for 2 course school dinner is good value for money? YES/NO

Any other feedback your wish to give: \_\_\_\_\_

\*<http://thesandwichguide.com/price-check/>