

PERSONAL, SOCIAL & EDUCATION, HEALTH & CITIZENSHIP POLICY

RATIONALE

We aim to provide all pupils with a personal, social and health education, appropriate to their individual needs, which will also extend and develop their interests and abilities, as they become responsible citizens.

We believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

PSHE Guidance- Department for Education.

Our school ethos reflects the five outcomes of the 'Every Child Matters' strategy

Children and young people have told us that five outcomes are key to well-being in childhood and later life – being healthy, staying safe, enjoying and achieving, making a positive contribution and achieving economic well-being'

Every Child Matters - Change for Children

PURPOSE

As per our schools *motto*; '*Confident children enjoying learning,*' the teaching of PSHE and Citizenship encourages children to build their self-confidence and self-esteem. Through this the children can then be taught the skills of

- Preparing to play an active role as citizens
- Developing a healthy, safe lifestyle
- Developing good relationships and respecting the differences between people

Through PSHE and Citizenship we aim to help pupils acquire the *knowledge* of:

- Keeping themselves and others physically and emotionally healthy
- Having worthwhile and fulfilling relationships, within which they are able to communicate their ideas and feelings
- Respecting differences between people
- Developing independence and responsibility for themselves and their actions
- Playing an active role as members of a democratic society
- Valuing and making the most of their own and others abilities

Through PSHE and Citizenship we aim to help pupils develop *attitudes* which enable them to:

- Think critically and express opinions confidently
- Explore, morals, values and beliefs
- Be able to make choices within moral contexts
- Explore how all actions have outcomes for themselves and others
- Develop a positive attitude towards themselves, their peers and the wider school community
- Value and respect oneself and others

TEACHING AND LEARNING STRATEGIES

We emphasise active learning by including the children in discussions, drama, investigations, problem-solving activities and the use of ICT. The delivery of personal, social, health and citizenship education will be taught through discrete weekly lessons and circle time.

PSHE and Citizenship will be also addressed through the cross curricular teaching of P4C, SEAL, RE. PSHE will also be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold an additional Circle-time session in response to a particular event or issue.

Visiting speakers such as the police and health workers also contribute to the taught curriculum. We encourage the children to take part in a range of tasks that promote active citizenship, e.g. charity fundraising, the planning of special school events (such as an assembly or presentation) or involvement in helping other individuals or groups.

The teaching of PSHE and Citizenship will allow children to explore personal values in an open and safe environment. It will be non-judgemental and will show an interest in, and a respect for, their ideas. It will also involve children in the process of learning, by continual assessment, consultation, planning and evaluation.

This policy will be implemented through on-going consultation with all the members of the school community.

We teach PSHE and Citizenship in reception classes as an integral part of our topic work and the Early Years Foundation Stage. As the reception class is part of the Foundation Stage, we relate the PSHE and Citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs.

SEAL

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE and Citizenship curriculum and each term we will teach a topic across the whole school. These topics will be:

- **New Beginnings- Sept/ Oct**
- **Getting on and Falling out- Nov/ Dec**
- **Going for Goals - Jan/ Feb**
- **Good to be Me - Feb/Mar**
- **Relationships -Apr/ May**
- **Changes - June/ July**

There will also be another topic taught during the school year called **Say No to Bullying**.

SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings.

These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

Our ethos and PSHCE curriculum ensure that we meet the 5 strands of Every Child Matters.

Health

Manor Park Primary Academy seeks to promote a healthy lifestyle and self confidence for the children by:

- 1. The provision of a range of lunch time and after school clubs e.g. football, choir, reading explorers, ICANDO, netball and homework which help foster a healthy lifestyle and encourage children to explore individual talents.*
- 2. Providing opportunities in school for children to learn a musical instrument.*

3. Promoting walk to school.
4. Change4Life activities running at lunchtime.
5. Healthy eating promotions during the year and posters encouraging a healthy diet in the school hall.
6. Attention to the needs of SEN/EAL children.
7. Attention to the needs of G&T children.
8. Daily Mile

British Values

As a school, we value and celebrate the diverse heritages of everybody at Manor Park. Alongside this, we value and celebrate being part of Britain. In general terms, this means that we celebrate traditions, such as customs in the course of the year, for example, Remembrance during the Autumn term, and annual visit from the Pantomime around Christmas. We also celebrate the Saints days; St. George for England, St. David for Wales and St. Andrew for Scotland.

The Rule of Law

The children are reminded often of the importance of rules and the need for them in society and in our school.

- Children are very aware of the different golden rules and the consequences of these being broken.
- Police/ Fire brigade
- Children set their own law- class charter- for the classroom that they promise to follow.
- Children have the chance to attend school council.
- Sporting activities (e.g. sports leaders/ netball matches with other schools) reinforce the need for rules.

Individual liberty

The children are encouraged to express their views and beliefs in a supportive and respectful environment. Through P4C and PSE, the children put forward their opinion and learn to be accepting of the difference between them. They are given the choice throughout school

- choices around the participation in extra-curricular activities
- the children learn about significant individuals who have championed for liberty such as Martin Luther King and learn about those that have had individual liberty taken away such as those during the holocaust.
- Diversity displays
- Learning during engage week is child led
- Children choose their activity from the curriculum choice grid- linked to their home learning.
- The school has decided on values for victory: friendship, Excellence, Opportunity, Commitment, Creativity, Cooperation, Resilience, Reflection, Respect, Honesty, and Support. Each month the rest of the class are given the opportunity to decide who they think deserves the award the most for that month.

Mutual respect and tolerance of those with different faiths and beliefs

The children at Manor Park are taught from the very beginning of their education here how to treat others properly in spite of their differences, beliefs or backgrounds. The recent Ofsted report stated; "all staff and pupils say that their school operates as a harmonious community." Outside agencies and school trips often report how well behaved the students are.

- By the time children reach year 6, they will have learnt about all the major religions and had the opportunity to visit all places of worship.
- They children take part in many assemblies: RE, Adoption, Autism, Disability, Olympians, a range of charities
- Multi-cultural day with all years cooking a different food from different countries

- Children take part in Black history month
- Adults provide positive role models for children
- During sporting matches/ events children are taught to be tolerant and play fairly with each other.
- The Playground Pals scheme sees year 5 students encouraging children to respect each other and modelling behaviour.

Democracy

The children are encouraged to discuss their thoughts regularly and are taught different ways to listen sensibly to each other, acknowledging that everyone has different opinions, thorough P4C and PSE. This teaching is a great stepping stone for their lives outside of Manor Park. There are many opportunities for children and staff to have their say and get their voices heard:

- School council. This changes every 2 weeks so that all pupils have a chance to have their own opinion put across. This is then fed back to the rest of their class during class council when they return.
- The school has decided on values for victory: friendship, Excellence, Opportunity, Commitment, Creativity, Cooperation, Resilience, Reflection, Respect, Honesty, and Support. Each month the rest of the class are given the opportunity to decide who they think deserves the award the most for that month.
- At the beginning of the year, children work as a class to devise their own charter which sets the rules they will follow for the rest of the year.
- Children complete questionnaires to give their opinion on how the school and different subjects can be improved
- Examples of the children's democratic voice:
 - Children chose the lower hall to be decorated as a French bistro
 - Children choose how to raise money and what to dress up for, for mufti days.
 - Children's chose to put astro-turf on the field so it could be used all year.

These British Values and the way they are celebrated at Manor Park are shown in a display so that all members of the school community can see.

Sex and Relationships *See separate policy*

Special Needs

We teach PSHE and Citizenship to all our pupils, regardless of their ability. Learning opportunities are matched to the individual needs of children with learning difficulties. Activities and debates challenge our most able pupils to formulate personal views based on evidence they research and discuss.

VALUES FOR VICTORY

Values for Victory is a school wide focus on values that promote active citizenship and participation in school life and the wider community. The aim of these values is to encourage young people's awareness of having values and their corresponding relationship to the world in which they live. The values will run on a yearly cycle, excluding August.

The 11 values are listed in the table below:

Month	Value	Month	Value
September	Friendship	March	Resilience
October	Excellence	April	Reflection
November	Opportunity	May	Respect
December	Commitment	June	Honesty
January	Creativity	July	Support
February	Cooperation	August	<i>Summer Holidays</i>

ASSESSMENT, RECORDING AND REPORTING

There are no statutory requirements for teachers to assess PSHE and Citizenship. However, teachers may assess the children's work by making informal judgements as they observe them during lessons. These judgements are then marked on a Cornerstones assessment grid which is continued for each child through their time at school. Through this, the clear progression of their PSHCE learning is seen. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. Our Behaviour, Achievement and Values for Victory assemblies celebrates personal achievement and rewards thoughtful, caring behaviour. A comment relating to PSHE and Citizenship will be included in the annual report to parents on pupils' progress and at parent meetings.

CONFIDENTIALITY

No teacher or member of staff can guarantee to maintain a child's confidentiality. If the adult believes that a child is at risk or in danger s/he will talk to the DSL. The child will be reassured without the adult making promises they may not be able to keep. Please refer to our Child Protection Policy

RESOURCES

The teaching resources (including visitors) are reviewed and evaluated on a regular basis to ensure that they are relevant to the children in the school and the wider community.

MONITORING AND REVIEW

The subject leader/s will monitor the implementation of the policy through their ongoing role to ensure that procedures laid down are reflected in practice.

OTHER INFORMATION

This policy will run in conjunction with the following policies: Behaviour, Anti-Bullying, Equal Opportunities, SRE, Child Protection, Health&Safety, Special Educational Needs, RE and Drug Education