



## Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Tuna Pasta Bake	BBQ Chicken Wrap	Roast Pork, Roast Potatoes & Gravy	Spaghetti Bolognese	Fish Fingers
<b>VEGETARIAN</b>	Veggie Mince Pasta Bolognese	BBQ Vegetable & Bean Wrap	Cheese and Potato pie	Vegetable Chilli served with homemade Nachos	Vegetable Fingers
<b>JACKET POTATO</b>	Jacket Potato served with either Baked Bean, Cheese or Tuna Mayo	Jacket Potato served with either Baked Bean, Cheese or Tuna Mayo	Jacket Potato served with either Baked Bean, Cheese or Tuna Mayo	Jacket Potato served with either Baked Bean, Cheese or Tuna Mayo	Jacket Potato served with either Baked Bean, Cheese or Tuna Mayo
<b>SIDE DISH</b>	Half a Jacket Potato, Peas or Coleslaw	Potato Wedges Sweetcorn or Green Beans	Roast Potatoes, Green Cabbage or Broccoli	Sweetcorn and Peas or Carrots	Chips, Peas or Baked Beans
<b>DESSERTS</b>	Banana Traybake	Chocolate Cookie	Cocoa Sponge with Custard	Rice Pudding with Jam	Fresh Fruit Salad

Available Daily: Choice of Sandwiches, Wholemeal Bread, Yoghurt, Salad and Fresh Fruit



# School Lunch menu

### Food for Life

With this menu we continue with our achievement of Food for Life menu which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)

### Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





## Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Hot Dog	Homemade Beef Lasagne	Roast Chicken, Roast Potatoes & Gravy	Chinese Pork With Rice	Fish Fingers
VEGETARIAN	Veggie Hot Dog	Vegetable Lasagne	Vegetarian Meat Loaf	Sweet and Sour Vegetables With Rice	Vegetable Fingers
JACKET POTATO	Jacket Potato with either Baked Beans, Cheese or Tuna Mayo	Jacket Potato with either Baked Beans, Cheese or Tuna Mayo	Jacket Potato with either Baked Beans, Cheese or Tuna Mayo	Jacket Potato with either Baked Beans, Cheese or Tuna Mayo	Jacket Potato with either Baked Beans, Cheese or Tuna Mayo
SIDE DISH	Cajun Potato Wedges, Peas or Coleslaw	Herby Diced Potatoes, Peas or Corn Mixed Salad	Roast Potatoes, Broccoli or Carrots	White and Wholegrain Rice, Sweetcorn or Green Beans	Chips, Peas or Baked Beans
DESSERTS	Lemon Sponge with Custard	Orange Jelly With Mandarins	Apple Crumble with Custard	Chocolate Mousse	Fresh Fruit Salad

Available Daily: Choice of Sandwiches, Wholemeal Bread, Yoghurt, Salad and Fresh Fruit



## Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausage With Gravy	Chicken & Vegetable Stir Fry with Noodles	Roast Beef with Yorkshire Pudding	Classic Chicken Curry With Rice	Fish Fingers
VEGETARIAN	Vegetarian Sausage With Gravy	Vegetable Stir Fry with Noodles	Vegetarian Shepherdess Pie	Cheese & Broccoli Quiche	Vegetable Fingers
JACKET POTATO	Jacket Potato With either Baked Beans, Cheese or Tuna Mayo	Jacket Potato With either Baked Beans, Cheese or Tuna Mayo	Jacket Potato With either Baked Beans, Cheese or Tuna Mayo	Jacket Potato With either Baked Beans, Cheese or Tuna Mayo	Jacket Potato With either Baked Beans, Cheese or Tuna Mayo
SIDE DISH	Mashed Potato, Carrots or Broccoli	Noodles Cornwheels or Peas	Roast Potatoes, Mashed Swede or Green Beans	White & Wholegrain Rice, Carrots or Cauliflower	Chips, Baked Beans Or Peas
DESSERTS	Jam Sponge With Custard	Chocolate Brownie	Peach Crumble With Custard	Apple Pie with Custard	Fresh Fruit Salad

Available Daily: Choice of Sandwiches, Wholemeal Bread, Yoghurt, Salad and Fresh Fruit