

# Lunch Menu - Autumn Term : Second Half

|               | Monday 29 <sup>th</sup> October   | Tuesday 30 <sup>th</sup> October  | Wednesday 31 <sup>st</sup> October  | Thursday 1 <sup>st</sup> November   | Friday 2 <sup>nd</sup> November   |
|---------------|---|---|---|---|---|
| <b>WEEK 1</b> | 1. Ham and cheese pasta with sweetcorn<br>2. Cheesy pasta with sweetcorn<br>Dessert - Raspberry ripple mousse   | 1. Hot dogs with spaghetti hoops<br>2. Quorn dog with spaghetti hoops<br>Dessert - Jam sponge   | 1. Roast chicken, roast potatoes and seasonal vegetables<br>2. Quorn fillet, roast potatoes and seasonal vegetables<br>Dessert - Choice of fruit  | 1. Beef stew or dumplings and green beans<br>2. Quorn and vegetable stew with dumplings<br>Dessert - Fruit jelly  | 1. Cod bites, chips and peas<br>2. Vegetable burger, chips and peas<br>Dessert - Gingerbread man  |
| <b>WEEK 2</b> | 1. Beef burgers in homemade rolls and salad selection<br>2. Quorn and chickpea burger with salad<br>Dessert - Rice pudding and jam                                    | 1. Chicken supreme with rice and peas<br>2. Quorn supreme with rice and peas<br>Dessert - Queen of puddings   | 1. Roast gammon, roast potatoes and seasonal vegetables<br>2. Lentil roast with roast potatoes and seasonal vegetables<br>Dessert - Banana custard  | Thursday 8 <sup>th</sup> November<br>Pick and mix pasta with a choice of cheese sauce, tomato sauce, grated cheese or ham and served with sweetcorn<br>Dessert - Berry sponge and cream | Friday 9 <sup>th</sup> November<br>1. Tuna mayo jacket potato with salad<br>2. Cheese jacket potato with salad<br>Dessert - Chocolate Chip bread and butter pudding                 |
| <b>WEEK 3</b> | Monday 12 <sup>th</sup> November<br>1. Sausage, chips and baked beans<br>2. Quorn sausage, chips and baked beans<br>Dessert - Choice of fruit                         | Tuesday 13 <sup>th</sup> November<br>1. Pesto pasta with baked ham and peas<br>2. Pesto pasta with roasted vegetables<br>Dessert - Caramel profiteroles                           | Wednesday 14 <sup>th</sup> November<br>1. Roast beef, roast potatoes Yorkshire pudding and seasonal vegetables<br>2. Lentil roast, Yorkshire pudding and seasonal vegetables.<br>Dessert - Butterscotch Angel Delight | Thursday 15 <sup>th</sup> November<br>1. Chicken Korma with rice and sweetcorn<br>2. Savoury vegetable rice with sweetcorn<br>Dessert - Apple and blackberry crumble with custard       | Friday 16 <sup>th</sup> November<br>1. Breaded Haddock, potato wedges and mixed vegetables<br>2. Cauliflower and brocolli cheese with mixed vegetables<br>Dessert - Cinnamon swirls |
| <b>WEEK 4</b> | Monday 19 <sup>th</sup> November<br>1. Steak pie with mashed potatoes and cabbage<br>2. Mixed vegetable pie with mashed potatoes and cabbage<br>Dessert - Carrot cake | Tuesday 20 <sup>th</sup> November<br>1. Turkey meatloaf with duchess potatoes and green beans<br>2. Quorn Loaf with duchess potatoes and green beans<br>Dessert - Choice of fruit | Wednesday 21 <sup>st</sup> November<br>1. Roast pork, roast potatoes and seasonal vegetables<br>2. Red pepper risotto with seasonal vegetables<br>Dessert - Chocolate banana cake                                     | Thursday 22 <sup>nd</sup> November<br>1. Beef Pasticcio (pasta) with sweetcorn<br>2. Quorn Pasticcio with sweetcorn<br>Dessert - Strawberry mousse                                      | Friday 23 <sup>rd</sup> November<br>1. Battered cod, chips and peas<br>2. Jacket potato, beans and cheese<br>Dessert - Treacle tart with cream                                      |



Roast

Roast



Roast

Roast



WEEK 5

Monday 26<sup>th</sup> November

1. Home made sausage rolls, herby potatoes and baked beans
  2. Vegetable rolls with herby potatoes and baked beans
- Dessert - Oat syrup bites



Tuesday 27<sup>th</sup> November

1. Pork and apple casserole, baby potatoes and green beans
  2. Quorn and apple casserole, baby potatoes and green beans
- Dessert - Lemon bars



Wednesday 28<sup>th</sup> November

1. Roast chicken, roast potatoes and seasonal vegetables
  2. Quorn fillet, roast potatoes and seasonal vegetables
- Dessert - Fruit jelly



Thursday 29<sup>th</sup> November

1. Meatballs with tomato sauce and spaghetti
  2. Quorn vegetable balls with tomato sauce and spaghetti
- Dessert - Chocolate crunch

Friday 30<sup>th</sup> November

1. Fish fingers, herby potatoes and mixed vegetables
  2. Carrot and cheese bake
- Dessert - Cinnamon and raisin cookies

WEEK 6

Monday 3<sup>rd</sup> December

1. Shepherds pie and peas
  2. Quorn Shepherds pie and peas
- Dessert - Syrup sponge and custard

Tuesday 4<sup>th</sup> December

1. Savoury chicken crumble with baby potatoes and seasonal vegetables
  2. Savoury Quorn fillet crumble with baby potatoes and seasonal vegetables
- Dessert - Yoghurt with honey

Wednesday 5<sup>th</sup> December

1. Braised bacon steaks and roast potatoes with seasonal vegetables
  2. Pea and mint risotto with roast potatoes and seasonal vegetables
- Dessert - Choice of fruit

Thursday 6<sup>th</sup> December

1. Beef and vegetable pie with sweet potato and green beans
  2. Sweet potato gnocchi with green beans
- Dessert - Orange cake

Friday 7<sup>th</sup> December

1. Battered Haddock, chips and mushy peas
  2. Gloucester pie with chips and mush peas
- Dessert - Jam Swiss roll

WEEK 6

Monday 10<sup>th</sup> December

1. Mild beef chilli with rice and green beans
  2. Savoury rice with green beans
- Dessert - Jammy cupcakes

Tuesday 11<sup>th</sup> December

1. Roast pork, roast potatoes and seasonal vegetables
  2. Quorn fillet with roast potatoes and seasonal vegetables
- Dessert - Pear and honey pudding with custard

Wednesday 12<sup>th</sup> December

1. Corned beef hash with baked beans
  2. Jacket potato with cheese and beans
- Dessert - Apple scones

Thursday 13<sup>th</sup> December

1. Meat and potato pasty with mixed salad
  2. Quorn and potato pasty with mixed salad
- Dessert - Jelly with fruit

Friday 14<sup>th</sup> December

1. Tuna pasta bake with sweetcorn
  2. Cheesy pasta with sweetcorn
- Dessert - Plum crumble cake

WEEK 6

Monday 17<sup>th</sup> December

1. Savoury mince cobbler with green beans
  2. Quorn mince cobbler with green beans
- Dessert - Date bake

Tuesday 18<sup>th</sup> December

1. **Traditional Christmas lunch**
  2. **Nut Roast**
- Dessert - Chocolate reindeer



Wednesday 19<sup>th</sup> December

1. Chicken and bacon turnovers with potato wedges and mixed vegetables
  2. Cheese and onion turnovers with wedges and mixed vegetables
- Dessert - Apple Amber

Thursday 20<sup>th</sup> December

1. Ham and Cheese pizza with a selection of salad
  2. Cheese and tomato pizza with a selection of salad
- Dessert - Choc ice

Friday 21<sup>st</sup> December

1. Cod bites, chips and peas
  2. Veggie bites, chip and peas
- Dessert - Lemon layer pudding