

# Remember!

To make Eastway Primary School a safe and happy place, we should:

- Treat everybody with respect, regardless of race, culture, sexuality, age or gender.
- Be an upstander not a bystander and help to stop bullying by reporting issues to appropriate people.
- Be kind and friendly to each other.
- Think about other people's feelings and don't share or make nasty comments.

## External Agencies



The Diana Award  
0207 628 7499  
[www.antibullyingpro.com](http://www.antibullyingpro.com)



Childline  
0800 11 11  
[www.childline.org.uk](http://www.childline.org.uk)



Kooth  
[www.kooth.com](http://www.kooth.com)

At Eastway Primary, we believe that every child has the right to come to a happy, safe school where they feel respected and valued. We have a zero tolerance approach to bullying and any cases are dealt with professionally and efficiently.

Through continuously raising the anti bullying profile and having support systems in place, we can ensure Eastway Primary School is a safe place children want to attend.

Mrs D Marchant Head Teacher



Eastway Primary School  
Rossall Road, Moreton, Wirral  
CH46 8TA



## Pupil Anti-Bullying Policy



Designed by Evan Walker Year 4

# What Is Bullying?

**Bullying is something that can hurt you on the inside or on the outside. It hurts you on the outside by hitting you and hurting you physically. It hurts you on the inside by name calling, skitting or hurting your feelings. Bullying is when it happens more than once.**

*- Our definition of bullying*

Bullying can be in lots of different ways...

- **Cyber bullying**  
Bullying somebody online or by text messages
- **Physical**  
Punching or hitting
- **Verbal**  
Being mean about somebody, nasty names
- **Social**  
Leaving somebody out, gossiping
- **Homophobic**  
Bullying somebody because of their sexuality
- **Racial**  
Bullying somebody because of their colour, religion or beliefs

## Bystanders

Being a bystander means witnessing bullying but not tellying anybody about it. Be an upstander and prevent bullying by telling an adult.

We should always treat people how we would like to be treated ourselves.

# How Does It Make Someone Feel?



Unwanted

Embarrassed

Vulnerable

Invisible

Nervous

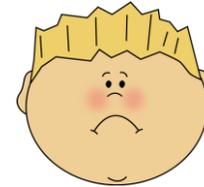
Anxious

“Don’t fit in”

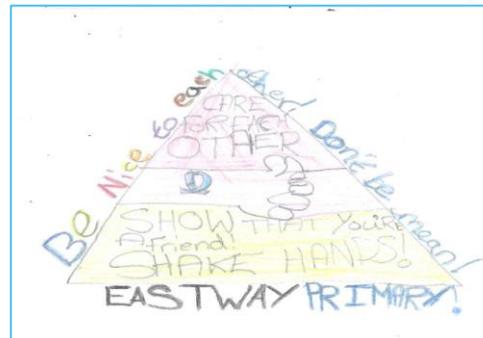
Sick

Lonely

Not wanting to come to school



**“Be a buddy, not a bully!”**



Designed by Kevin Parr Year 5

# Who Can I Talk To?

Headteacher

Teachers

Staff

Family

Friends

Somebody you trust

Anti Bullying Ambassadors

## What Will Happen If I Tell Someone?

- You will be listened to
- It will make you feel better
- You know that a teacher/other adult is going to help