

Walbottle Village Primary School - Scheme of Work - Autumn 2019

Year 1

DT



Topic Theme and Overview:

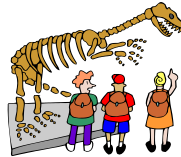
The children will learn about peeling, zesting, cutting safely and applying these skills when preparing healthy dishes. Children will learn key information about healthy eating and where their food comes from. They will gain some practical ideas about ingredients that can be combined to make interesting and healthy fruit salads.

Opportunities to assess pupil progress:

Observation
Questioning
Work outcomes

New vocabulary:

Design
Evaluate
Make
Purposeful



DT

Supporting Reading:

Reading recipes

Supporting Writing:

Links to topic learning



Supporting Numeracy:

Weight and measure



Tasks / activities informed by the national curriculum:

- Plan, make and evaluate a healthy fruit salad

British Values:-

Children will be able to work together and listen to each other ideas and views.



When designing and making, pupils should be taught to:

ALL:

- Know how to eat a healthy and varied diet. • Use the basic principles of a healthy diet to prepare dishes.
- Follow a simple recipe with some guidance.
- Work with close adult supervision to use measuring spoons, zesters and juicers to prepare dishes.
- Understand that some food is grown and some food is caught.

MOST

- Explain that the food they eat can be split into different groups and know they should eat a balance of foods, including fish, to have a healthy and varied diet.
- Use the basic principles of a healthy diet to prepare dishes and start to understand why it is healthy.
- Follow a simple recipe.
- Work with some independence to correctly use measuring spoons, zesters and juicers when preparing dishes.
- Understand that fruit and vegetables are grown in different places and that fish is caught in seas, rivers and lakes.

SOME:

- Give specific names of vegetables that grow below the ground and fruits and vegetables that grow above the ground. They will also know the names of different types of fish and understand where they come from.