

Walbottle Primary School Schemes of Work Overview Yr 3-6

PE

National Curriculum Coverage	use running, jumping, throwing and catching in isolation and in combination	play competitive games, modified where appropriate,	apply basic principles suitable for attacking and defending	develop flexibility, strength, technique, control and balance,	perform dances using a range of movement patterns	take part in outdoor and adventurous activity challenges both individually and within a team	compare their performances with previous ones and demonstrate improvement to achieve their personal best.			
Topic Theme / Year Group / Term	<p><u>Spring</u></p> <p>Year 5- Netball</p> <p>Year 6- Netball</p> <p><u>Summer 1</u></p> <p>Year 5- Dodgeball</p> <p><u>Summer 2</u></p> <p>Year 5- Cricket</p>	<p><u>Autumn</u></p> <p>Year 3- Hockey</p> <p>Year 4- Hockey</p> <p>Year 5- Badminton</p> <p>Year 6- Badminton</p> <p><u>Spring</u></p> <p>Year 3- Tennis</p> <p>Year 4- Tennis</p> <p>Year 5- Netball</p> <p>Year 6- Netball</p> <p><u>Summer 1</u></p> <p>Year 5- Dodgeball</p> <p><u>Summer 2</u></p> <p>Year 5- Cricket</p>	<p><u>Autumn</u></p> <p>Year 3- Hockey</p> <p>Year 4- Hockey</p> <p><u>Summer</u></p> <p>Year 5- Dodgeball</p>	<p><u>Autumn</u></p> <p>Year 3- Gymnastics</p> <p>Year 4- Gymnastics</p> <p>Year 5- Gymnastics</p> <p>Year 6- Gymnastics</p> <p><u>Spring</u></p> <p>Year 5- Gymnastics</p>	<p><u>Spring</u></p> <p>Year 3- Dance</p> <p>Year 4- Dance</p> <p>Year 6- Dance</p>	<p>Year 5- Residential</p> <p>Year 6- Survival school</p> <p>Whole-school sports day</p> <p>Orienteering with SLA</p>	Continuous provision- all year groups- all units.			
National Curriculum Coverage	Swimming and water skills	swim competently, confidently and proficiently over a distance of at least 25 metres	Use a range of strokes effectively	perform safe self-rescue in different water-based situations.						
Theme / Year Group / Term		<p>Year 3 and 4 Weekly swimming lessons</p> <p>Swimming gala</p>	<p>Year 3 and 4 weekly swimming lessons</p> <p>Swimming gala</p>	<p>Year 3 and 4 weekly swimming lessons</p> <p>Swimming gala</p>						