

Orchard's C of E Academy

Weekly Parent Newsletter

19th March 2021

Acting Head Teacher: Mr J Steeden

Email: office@orchards.cambs.sch.uk

Phone: 01945 583799

Website: <http://www.orchards.cambs.sch.uk>

Our Christian Value for this Half Term is **Justice**

25th March Last school day before Easter

26th March Teacher Training Day

12th April Children back to school

26th April Year 6 Careers event

3rd May Spring Bank Holiday

28th May Last school day before Half Term

7th June Children back to school

11th June School Photographs

22nd July Last school day before Summer Holiday

What you can and cannot do during the national lockdown

Though we believe restrictions will start to ease somewhat from 29th March, there is a National Lockdown still in place. Though you might get bored of reading them, I will continue to put the rules on here until all restrictions are lifted.

You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives.

You should follow this guidance immediately. This is the law.

Leaving home

You must not leave, or be outside of your home except where necessary. You may leave the home to:

- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person, this should be limited to once per day, and you should not travel outside your local area.
- meet your support bubble or childcare bubble where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare - for those eligible

If you do leave home for a permitted reason, you should always stay local - unless it is necessary to go further, for example to go to work. Stay local means stay in the village, town, or part of the city where you live.

If you are clinically extremely vulnerable you should only go out for medical appointments, exercise or if it is essential. You should not attend work

Meeting others

You cannot leave your home to meet socially with anyone you do not live with or are not in a support bubble with (if you are legally permitted to form one).

You may exercise on your own, with one other person, or with your household or support bubble. This should be limited to once per day, and you should not travel outside your local area.

You cannot meet other people you do not live with, or have not formed a support bubble with, unless for a permitted reason.

Stay 2 metres apart from anyone not in your household.

Symptoms of coronavirus

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

The main symptoms of coronavirus are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

If you have any of the main symptoms of coronavirus:

Get a test to check if you have coronavirus as soon as possible.

You and anyone you live with should stay at home and not have visitors until you get your test result – only leave your home to have a test.

Anyone in your support bubble should also stay at home if you have been in close contact with them since your symptoms started or during the 48 hours before they started.

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you do not have symptoms) and the next 10 full days. If you get symptoms while you're self-isolating, the 10 days restarts from the day after your symptoms started.

You can stop self-isolating after the 10 days if either:

- you do not have any symptoms
- you just have a cough or changes to your sense of smell or taste – these can last for weeks after the infection has gone

Keep self-isolating if you have any of these symptoms after the 10 days:

- a high temperature or feeling hot and shivery
- a runny nose or sneezing
- feeling or being sick
- diarrhoea

Only stop self-isolating when these symptoms have gone.

If you have diarrhoea or you're being sick, stay at home until 48 hours after they've stopped.

If someone you live with tests positive, your self-isolation period includes the day their symptoms started (or the day they had the test, if they do not have symptoms) and the next 10 full days.

Self-isolate immediately if someone in your support bubble has tested positive and either:

- you've been in close contact with them since their symptoms started or during the 48 hours before their symptoms started
- you've been in close contact with them since they had the test or during the 48 hours before their test (if they have not had symptoms)

Your self-isolation period includes the day you were last in contact with the person and the next 10 full days.

Comic Relief

As the children missed out on dressing up on World Book Day this year, they can come to school dressed up in fancy dress (including something red if possible) on Red Nose Day on Friday 19th March. You will be able to make a contribution towards the charity via ParentPay. This would be our preferred method of donation because of COVID, though class teachers will collect cash donations if necessary.

Rock Star of the Week!

The Rock Star of the Week Award will be awarded to the child who ranks highest at our school based on the amount of time spent practicing their times tables.

So, don't delay! Sign in and get playing to be in with a chance of winning 10 dojo points each week!

This week, the award once again goes to Alex from Maple Class.

Stars of the Week

Well done to all the children for their hard work this week. The following children were particularly celebrated for their effort and achievement in class.

Early Years – ... in Acorn; Alfie in Apple; Mark in Cherry; Steliyan in Peach.

Key Stage 1 – Danny in Pine; ... in Willow; Darenas in Hazel; Marley in Maple; Maksim in Magnolia.

Key Stage 2 – Jaden in Almond; Daniela in Hawthorn; Luka in Juniper; Deimante in Laburnum; Alex in Holly; Sara in Cypress; Max in Elm; Leona in Ash; Gustas in Cedar; Harley in Oak; ... in Yew.

Attendance

Below is the attendance for each class this week:

Early Years – Cherry – 98.6%; Apple – 95.8%; Peach – 80%.

Key Stage 1 – Pine – 96%; Willow – 91.7%; Hazel – 99.6%; Magnolia – 92.4%; Maple – 99.6%.

Key Stage 2 – Hawthorn – 92.1%; Holly – 96.1%; Juniper – 94.9%; Yew – 90%; Almond – 99.6%; Laburnum – 97.5%; Cypress – 89.6%; Elm – 96.6%; Ash – 94.9%; Cedar – 98.2%; Oak – 92.4%.

Whole school attendance was: 95.5%.

A bit of a drop from last week's 97%+ figure, but well done to Hazel, Maple and Almond class for having the best attendance at this time.

Outdoor Learning

This week at Forest School, we reminded ourselves how to use tools safely. We then learnt how to use knives to whittle wood, finding out how to sit safely to avoid accidents. The children whittled some pointed sticks for cooking and practised using the fire strikers.

Once the fire was lit, we learnt how to use an outdoor hand washing station. Then everyone had their own piece of damper bread dough to roll into a sausage shape and spiral around their stick. These were then cooked over the fire and eaten. Miss Smith said we should have also added chocolate chips to the dough!



House Competition - The Assault Course.

Next week, we will be holding our next House competition, in which one child will be representing each House to try to complete our assault course in the quickest time. The children will be chosen by a random draw once they have entered their name in their House team's ballot box. On the assault course, the children will need to navigate through 'minefields'; balance objects on their head and shoot an archery bow at a target to name but a few of the challenges they will need to complete.

Worship Focus of the Week

Miss Banks led whole school worship on the Christian Value of Justice this week. The children discussed the meaning of the word 'justice' and listened to the story of The Two Brothers and how they dealt with thinking that things, "Are not fair."

On Friday, Mr Steeden told the children about why we celebrate 'Red Nose Day' every year, and about the important work the charity does.

And Finally...

Have a lovely weekend. Don't forget, only a four day week for the children next week as Friday is a staff training day.

HM Government

NHS

CORONAVIRUS

STAY HOME TO HELP US SAVE LIVES

**ACT LIKE YOU'VE GOT IT,
ANYONE CAN SPREAD IT.**

STAY HOME | PROTECT THE NHS | SAVE LIVES

Thank you for all the support you provide for the children and our academy!

