



Beechwood Newsletter

"Living, learning and thriving"

School Telephone Number (01752) 706360

Email address –

beechwood.office@discoverymat.co.uk

www.discoverymat.co.uk



22nd March 2019

Science Week at Beechwood



Super Scientists from each class show off their famous scientists models.

Please see the school website for all of our science week activities.

Thank you for joining the classes for the science investigation sessions, we had a lovely afternoon.

BIKEABILITY - YEAR 5

Last week, Year 5 had a very exciting week learning how to use bikes safely. They spent Monday's session learning about how to build their confidence on bikes and learning how to signal to other people when changing directions.



They learnt how to be pedal ready and how to check over their right shoulder to check traffic behind them. They checked their bikes over to make sure they were ready to be used on the roads. Then they spent time circling the MUGA learning how to stop suddenly and how to avoid obstacles. Finally they learnt how to balance on their bikes for as long as they could and how to use their brakes safely. Later in the week on Wednesday and Thursday, they began showcasing their new found skills such as completing shoulder checks and bike balancing whilst cycling on roads around the school site.

They all had an excellent time and cant wait to get back out on our bikes!





Big Pedal Advertise

Get set... we're taking part in Sustrans Big Pedal 2019, the UK's largest inter-school cycling, walking and scooting challenge. The challenge runs from 25th March to 5th April. It's free and we would love everyone to be involved.

The details

On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling, walking or scooting to school. You can let us know if you or whoever does the school run has cycled, walked or used a scooter by telling your class teacher or teaching assistant. Children will also get a chance to scoot or ride around an obstacle course during the day. **Please remember to dismount your bikes and scooters whilst bringing them into the grounds and park them in the shelter.**

It's a great way to get more of our pupils travelling actively to school and is a simple way to boost their physical and mental health.

Cycle, walk, scoot and snap to win family prizes

You and your family can also win prizes during Sustrans Big Pedal. Simply post a photo of you and your child cycling, walking or scooting to school on social media during the challenge using #BigPedalWin. To be in with a chance of winning, you'll need to follow Sustrans on Instagram [instagram.com/sustrans](https://www.instagram.com/sustrans), Twitter twitter.com/sustrans or Facebook [facebook.com/Sustrans](https://www.facebook.com/Sustrans).

Be sure to check the terms and conditions found on the Big Pedal website prior to entering the competition.

What's next?

All you need to do is encourage your child(ren) to cycle, walk or scoot to school on as many days as possible during the event, and join them on their way.

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school. Download your free pack. For more information about the event go to www.bigpedal.org.uk. Enjoy the challenge!

BALANCEABILITY - RECEPTION CLASS

This week Reception children have been learning how to ride a bike. They started off practicing how to balance by playing games to help with their co-ordination. They then tried lifting their feet when using the balance bikes and began to use the pedals. We are very proud of how they have listened to the instructors and had lots of fun learning this new skill. Well done Reception!



DIARY DATES

(These dates may be subject to change)



2018/2019

Wed 27th Mar	Class Photographs
Mon 1st April	Yr 5 Trip to Plymouth Hoe
2nd & 3rd April	Book Fayre - Dining Hall 3.15pm
Thurs 4th April	Buddies Fundraising Mufti
Thurs 4th April	Easter Assembly - 9.15am
Thurs 4th April	School closes for Easter
Fri 5th Apr	Non-pupil Day
Wed 24th Apr	School re-opens at 8.45am
Mon 6th May	Bank Holiday
Sun 19th May	Schools Half Marathon Challenge
Fri 24th May	Buddies Fundraising Mufti
Mon 27th May to 14th June	Friday 31st May HALF TERM Ten Tors Weekend
Tues 23rd July	School closes for Summer Holidays
Wed 24th July	Non-pupil Day

2019/2020

Thurs 5th Sept	School re-opens at 8.45am
Wed 25th Sept	Beam House Residential - Year 5
Mon 21st Oct to Thurs 28th Nov	Fri 25th Oct HALF TERM Non Pupil Day
Fri 29th Nov	Non Pupil Day
Fri 20th Dec	School closes for Christmas Hols
Mon 4th Nov	Individual Photographs

PTFA - BUDDIES NEWS



YEAR 6 - LEAVERS HOODIES

If you wish to order a Year 6 Leavers Hoodie please return your slips to the office by **Friday 29th March** and make a payment of £18.00 on your child's Parent Pay Account
Thank you.

BIG TOP CIRCUS

Unfortunately, due to lack of support, this event has been cancelled.
Any monies paid have been refunded.

ATTENDANCE

The expected average percentage attendance for a child is 96%. Please see below the attendance for week beginning **11th March 2019**.

Sun	89.6%
Moon	97.5%
Hubble	97.9%
Newton	97.0%
Brunel	97.8%
Curie	93.6%
Jenner	98.6%
Anning	94.1%
Sharman	95.4%
Tesla	91.7%
Hawking	97.3%
Franklin	96.0%
Da Vinci	92.6%
Dalton	98.2%

Well done!
The winners will receive the Attendance Cup

=WINNERS



CLASS PHOTOS

The photographer will be in school on **Wednesday 27th March** to take Class photographs. Thank you.



EASTER BONNET AND EASTER EGG PARADE

We will be holding an Easter Bonnet and Easter Egg Parade on **Thursday 4th April at 9.15am**. All parents/carers are welcome.

Please bring your bonnets and eggs into school on **Monday 1st April** to be displayed for judging during the day.

FS/KS1 children are invited to make an Easter Bonnet, which can be worn.

KS2 children are invited to decorate a hardboiled egg.

All entries will receive a prize!



WRITING MASTERY CREATIVE WORKSHOP

This week we were able to take some of our Creative Writers to a Writing Mastery Creative Workshop at Plymouth University.

The children had the opportunity to meet the Author David Lawrence Jones and participate in activities to help improve their writing and focus on character creation.

READING ARMY

Here at Beechwood, we take reading seriously and believe that reading daily is an important stepping stone in children's learning journey. We would like to offer children more opportunities to share their enjoyment and experiences of books with others. We are looking for volunteers to come and share books with our children twice a week. Please contact reception if you are interested.



10 WAYS FAMILIES CAN SUPPORT EACH OTHER'S MENTAL HEALTH

TIPS AND ADVICE



1 Regularly check in with each other by asking simple questions (E.g. how are you feeling today?)

1



2 Don't be afraid to talk openly about your mental health

2



3 Support and listen generously to each other. Care for each others feelings and emotions

3



4 Be a positive role model. Practice self care among your family members

4



5 Schedule in some family time to relax and take care of your mental health

5



6 Stay in touch with each other. A text or email can go a long way

6



7 Show your family member that you are there for them

7



8 Take time to understand what it is your family member is going through

8



9 Be patient. Don't criticize and be aware of how you talk to your family member. Encourage and support

9



10 Tell them that you are proud of them for talking about their mental health

10



Beechwood Primary Academy Nursery

Now enrolling children for September 2019

Please visit our Reception Desk for Enrolment Forms at
Beechwood Primary Academy
Rockfield Avenue
Southway
PL6 6DX
01752 706360



Parent / Carer

SEND Conference

Wednesday 08 May 9.30 am - 2.30 pm

Plymouth Guildhall, City Centre, Plymouth

Choose 4 talks from the 8 offered

A light lunch will be provided

Drop-in 1:1 sessions with professionals and stalls

Booking is essential - please see Facebook for further information - [Plymouthpev](#)

The booking fee is refundable upon request when you book in.



BOOK FAYRE

WORLD BOOK DAY

Please remember our Book Fayre will be held in the Dining Hall after school on **Tuesday 2nd and Wednesday 3rd April 3.15pm**

We look forward to seeing you there.

RED NOSE DAY

RED NOSE DAY

Thank you for your kind donations supporting Red Nose Day last week.

We managed to raise £156.89.

School Website

Beechwood Primary Academy have a new school webpage. Please take a look to view school information, event dates and current newsletters by logging on to :-

www.beechwood-primary.co.uk



We did not have any suggestions in the ideas and suggestions box this week.



Have a Great Weekend!
Mrs Evans - Head of School