



Oakwood Primary Academy



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10th September 2020

Dear Parents and Carers,

National School Breakfast Programme (NSBP)

In partnership, Charities, Family Action and Magic Breakfast have agreed funding from the Department for Education to provide a free breakfast food provision into schools for children which includes healthy cereals or porridge and bagels to have at home between now and March 2021. The NSBP aims to ensure that no child starts the day too hungry to learn.

Studies have shown that children who eat a nutritious breakfast can boost their reading, writing and maths by an average of 2 months progress per year compared to pupils who don't eat breakfast. The reason for this is our brain requires food for fuel, just as our muscles do. While our muscles can use stored energy from food we ate yesterday, our brain prefers energy from food we have eaten recently.

Oakwood Primary Academy have been selected as one of the schools that will receive this amazing provision, so fortnightly on a Friday your child will bring home a box of cereal and packet of bagels to enjoy at home at breakfast time. **This will start on Friday 11th September.**

This provision is for all our children. If you have more than one child then each child will get a box of cereal and a packet of bagels. (The cereal may vary from delivery to delivery.)

Any surplus cereal and bagels will be donated to local food bank organisations. We hope that this breakfast programme will be another way we can help to support families especially after the challenging few months we have all been through.

Kind regards

Mrs J Sparrow
Head of Schools