

Spring Term 2019 Primary menu

Meal Price £2.50

includes milk drink

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fish Fingers with Herby Diced Potatoes & Peas	Spaghetti Bolognese with Crusty Bread Chunk & Mixed Leaf Salad	Chicken Breast in Gravy with Roasted New Potatoes, Broccoli & Carrots	Baked Pork Sausage with Mashed Potato, Onion Gravy & Green Beans	Baked Fillet of Fish with Chips and Peas or Beans
VEGETARIAN CHOICE	Vegetable Quarterpounder with Herby Diced Potatoes & Peas	Tomato & Mixed Pepper Spaghetti with Crusty Bread Slice, Tomato & Cucumber Chunks	Mixed Vegetable Soup with a Crusty Bread Chunk	Baked Quorn Sausage with Mashed Potato, Onion Gravy & Green Beans	Vegetable Fingers with Chips and Peas or Beans
TODAY'S DESSERT	Syrup Sponge & Custard	Jelly Pot	Rice Pudding with a Fruit Sauce	American Pancakes with Sliced Grapes & Sauce	Ice Cream Tub

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni & Tomato Wraps with seasoned Potato Wedges, shredded Iceberg Lettuce, Cherry Tomatoes & Cucumber	Beef Lasagne with Garlic Slice & Micro Pea Shoots	Sausagemeat Plait with Sauted Potatoes & Baked Beans	Chicken Korma on Mixed Grain Rice with mini Naan Bread slice	Baked Fillet of Fish with Chips & Peas or Beans
VEGETARIAN CHOICE	Cheese & Tomato Pizza Wraps with seasoned Potato Wedges, shredded Iceberg Lettuce, Cherry Tomatoes & Cucumber	Cheesy Pasta with Garlic Slice & Micro Pea Shoots	Creamy Vegetable Slice with Sauted Potatoes & Baked Beans	Quorn Korma on Mixed Grain Rice with mini Naan Bread slice	Wholemeal Cheese & Tomato Pizza with Chips & Peas or Beans
TODAY'S DESSERT	Shortcake & Custard	Jelly Pot	Angel Delight	Flapjack Finger	Fruit Lolly

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Sliced Nigella Panini bread topped with BBQ Chicken, mixed Veg & Cheese served with sauted Potatoes & mixed Green Salad	Meatball Pasta with a Wholemeal Baguette Slice & Lambs Lettuce	Gammon Ham with Gravy, New Potatoes, Green Beans & Sweetcorn	Southern Style Chicken Goujons with Baked skin-on Wedges, grated Carrot, Tomato & Cucumber	Baked Fillet of Fish or Pork Sausage with Chips and Peas or Beans
VEGETARIAN CHOICE	Sliced Nigella Panini bread topped with mixed Vegetables & Cheese served with sauted Potatoes & mixed Green Salad	Quorn Ball Pasta with a Wholemeal Baguette Slice & Lambs Lettuce	Veg & Bean Bake with Gravy, New Potatoes, Green Beans & Sweetcorn	Quorn Dippers with Baked skin-on Wedges, grated Carrot, Tomato & Cucumber	Vegetable Fingers with Chips & Peas or Beans.
TODAY'S DESSERT	Chocolate Sponge with Chocolate Custard	Melon Chunks & Sliced Grapes	Reduced Sugar Belgian Waffles with Sliced Fruit & Sauce	Angel Delight	Fruit Yoghurt Pot

*** PLEASE NOTE THAT MENU ITEMS MAY NEED TO BE CHANGED WITHOUT NOTICE ***

Jacket potato with baked beans or cheese can be ordered as an alternative to the main meal