

At St. Wilfrid's we recognise that parents and carers need support too. In school we will endeavour to support you and your child as a family unit. Some parents and carers prefer to access support from an outside agency and these support networks may be of use.

Carers Support West Sussex

<https://www.carerssupport.org.uk/>



“With more than 19,000 carers currently registered with the charity, we run Support Groups, a Carer Response Line, help carers access equipment to assist them in their caring role or provide funds so that carers can do something for themselves. We can also help carers access counselling and call back services, wellbeing support and have teams in all the of the major hospitals in West Sussex, as well as East Surrey Hospital in Redhill. With more than 90 members of staff and over 60 volunteers, as well as a dedicated team of Trustees, Carers Support is committed to ensuring carers are recognised and listened to. Carers save the UK economy more than £1 billion pounds to the West Sussex economy and more than £150 billion across England and Wales.”

Reaching Families

<http://www.reachingfamilies.org.uk/>



“Reaching Families was first established in 2008 by parent-carers to “...empower, inform and support parents and families of children and young people with special educational needs and disabilities in West Sussex”. We achieve our mission through the delivery of a wide range of high quality projects and services”

Beacon House

<https://beaconhouse.org.uk/?section=welcome-to-beacon-house>



“With a special interest in working with individuals of all ages who have experienced trauma and loss, we are passionate about offering safe and effective therapies in a way that enables people to re-build their lives following stress and adversity.”