

The Grove Primary School

Campkin Road, Cambridge. CB4 2NB

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Headteacher Ms Karen Martin



Monday 23rd March 2020

Helping to keep our families safe during the school closure

Dear Parents/Carers,

As schools we have a duty of care towards the welfare and safety of the children and adults at the school. During this challenging time it is really important to care and safeguard everyone.

Safeguarding means that:

- children are protected from mistreatment
- a child's health, or development, is protected
- children grow up with safe and effective care
- action is taken to ensure the best outcomes for all children.

Every child can potentially be hurt, put at risk from harm or abused regardless of their age, gender, religion, ethnicity or disability. Safeguarding is the action we take to promote the welfare of children in our care and to protect them from harm, we take this very seriously; **it is everyone's responsibility to ensure children are free from harm and danger.**

As we will not see many of our children for the foreseeable future, we would like you to know that there are several services available that can offer support to families. We have put a list together to make it easier for you to have the details available.

Useful Information

- **Multi Agency Safeguarding Hub**

If you are concerned that a child may be suffering physical, sexual or emotional abuse or neglect or is at risk of significant harm you should telephone Children Services using one of the following numbers:

Cambridgeshire children: 0345 045 5203

Out of office Hours Emergency Duty Team (EDT): (01733) 234724

In an emergency call 999

- **Early Help HUB**

Telephone 01480 376666

- **Children and Family Centres Cambridgeshire County Council:**

<https://www.cambridgeshire.gov.uk/residents/children-and-families/parenting-and-family-support/child-and-family-centres/>

North Cambridge Children and Family Centre

Campkin Road, Cambridge, CB4 2LD

01223 728118

Please call the above number as they may have updated details regarding what groups and support may be available at this challenging time.



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- **Citizens Advice Bureau (CAB)**

This can provide free, confidential and independent advice

Advice Line 0344 848 7979

www.cambridgecab.org.uk

- **Foodbank distribution**

<https://cambridgecity.foodbank.org.uk/>

Telephone 07772 538628

Due to the Coronavirus crisis foodbank services are making some changes to their foodbank operation.

Foodbanks are KEEPING OPEN four of their centres:

- Church of the Good Shepherd Arbury (Thursday) (nearest to KHEF)
- St Paul's Church, Hills Road (Monday & Friday)
- Cambourne Old Blue School (Thursday)
- C3 Centre, Coldham's Lane (Friday)

Due to the generosity of our families last Friday we now have a collection of food that we can distribute to families Please email the office, if you would like a food parcel.

- **Food Cycle Service**

People can go along to collect a free, hot, vegetarian meal from these two locations:

Cambridge (Wesley) – TAKEAWAY – Saturdays, 12:30pm, Wesley Methodist Church, CB1 1LG

Cambridge (Arbury) – TAKEAWAY – Thursday 26th March, 6:30pm, Arbury Road Baptist Church

Updates are available at <https://www.foodcycle.org.uk/news/service-update/?fbclid=IwARONvZRo-EJODk7TQterr9Wh4ViGmu7C3kQ9NmF0vMFquqEwvzAX-pu6Ugw>

- **GP Surgeries**

Arbury Road Surgery

114 Arbury Road

Cambridge

CB4 2JG

Thursday 2 -5pm

Nuffield Road Medical Centre

10 Pippin Drive

Cambridge

CB4 1GL

Thursday 1.30 to 4.30pm

- **NHS**

If have an urgent medical problem and you are not sure what to do, call 111. If you are not in a life-threatening situation, or if you are experiencing a mental health crisis selecting option 2 when prompted for the mental health service. You can also get help [online www.111.nhs.uk](http://www.111.nhs.uk)

- **Emergency assistance**

Telephone 999

- **Domestic Abuse. National Domestic Violence Helpline**

Telephone 0808 2000 247

Woman's Aid

Telephone – 01223 460947

cambridgewa.org.uk

Mankind

Telephone 01823 334244

www.mankind.org.uk

Galop support for LGBT

Telephone 020 7697 4081

www.galop.org

Samaritans

Tel 0330094 5717 or 116 123

www.Samaritans.org

You can email your concern to jo@samaritans.org (24 hour response time)

If you wish to share a concern with school, we have set up a dedicated email address safeguarding@grove.cambs.sch.uk which will be checked daily. Please email your concern and contact details and one of the school's Designated Safeguarding Officers will contact you.

Below are a few websites that you might find useful to support you and your children when school is closed.

<https://www.nspcc.org.uk>

<https://www.keep-your-head.com.cyp>

<https://www.thinkuknow.co.uk/parents/>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://www.common sense media.org>

<https://www.womensaid.org.uk>

<https://www.cambsdasv.org.uk>

hungrylittleminds.campaign.gov.uk (ideas for 0 to 5 year olds)

Please take care of one another and stay safe.

Best Wishes



Ms Karen Martin

Headteacher on behalf of the Safeguarding Team