

**Left
to
their
own
devices?**

**Confident
parenting in
a world of screens**

As we move out of lockdown, this session is designed to help parents and carers grow in knowledge and confidence in a world of screens.

Designed by Care for the Family, and hosted jointly by St Mary's Junior School and St Mary's Church, this is a practical, interactive, 90 minute session where you can share information and ideas about the hurdles and challenges of using online devices in a safe and positive way after lockdown. Due to current restrictions, the session will be run on Zoom in the first half of the summer term and covers a variety of topics including:

- the advantages of technology that help with family life;**
- ways to positively engage with your children's digital habits; and**
- practical tips on how to manage screen time.**

If you would like to attend this session, please complete the form at <https://forms.office.com/r/Q1KEfDGZLn>, or by using the QR code below by Tuesday 4 May 2021. Once we know the level of interest, dates for the session and details of how to book will be sent out as soon as possible.

**If you have any questions
please contact office@esm.school**

