



## Ely St Mary's C of E Junior School

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6 May 2021



Dear Parents and Carers,

As part of our current Year 5 topic 'Survival', we are pleased to announce that this coming Tuesday, 11th May, will be 'Survival Day'!

The day will take place in school, and will be split into four sessions, two of which will be run by our Premier Sports PE coaches in place of our usual PE. Instead of coming to school in their uniform or PE kit, children should wear weather-appropriate, comfortable clothes that they don't mind getting a bit dirty! In addition, we request that all children have a water bottle, as we plan to be outside for much of the day.

In one of the sessions, children will have the opportunity to do some roasting of marshmallows to make s'mores. Class teachers will be using our school records to identify children with any food allergies, but please do get in touch if you have a concern – they are welcome to bring an alternative snack for this session. The packets and ingredients are below if you would like to check this or for any other dietary requirements.

We are looking forward to an exciting day with lots of new skills!

Kind regards,  
Miss Hale



Pack size: 200G

### Information

#### Ingredients

**INGREDIENTS:** Glucose Syrup, Sugar, Water, Maize Starch, Beef Gelatine, Flavourings, Beetroot Juice from Concentrate.



Digestive biscuits half coated in milk chocolate.

CRUMBLY & CRUNCHY Generously dipped in silky chocolate for a dunkable treat

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Pack size: 300G

### Information

#### Ingredients

**INGREDIENTS:** Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Milk Chocolate (30%) [Sugar, Cocoa Mass, Cocoa Butter, Dried Skimmed **Milk**, Whey Powder (**Milk**), **Milk** Fat, Palm Oil, Sal Fat, Shea Fat, Emulsifier (**Soya** Lecithins)], Palm Oil, Wholemeal **Wheat** Flour, Sugar, Glucose Syrup, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Salt.