



Ely St Mary's C of E Junior School

High Barns, Ely, Cambridgeshire, CB7 4RB

Tel: 01353 662163

Email: office@esm.school

enquiries@esm.school

(Absence, Dinners, Uniform, Clubs, Medicines, Contact Details, School Pick-up)

Website: www.elystmarys.org.uk

21st October 2020

Dear Parents/Carers of Pupils in Year 6,

Expression of Interest Letter **Bikeability Training, Levels 1 and 2**

(At the present time, we anticipate that it will be possible for this training to go ahead. Given the perpetuating circumstances of the Coronavirus (COVID-19) pandemic, this will, however, be kept under review.)

Pupils of the relevant age at Ely St Mary's Junior School are eligible for FREE Bikeability training funded via Cambridgeshire County Council, and delivered by local cycle training provider Outspoken Training, whose instructors are qualified, professional, and DBS-checked. The Bikeability award scheme is the National Standard for cycling. The course is designed to equip cyclists with the knowledge, skills, and on-road experience to be able to make a journey safely and confidently by bike on local roads. The main aim is to encourage more cycling.

The course is usually delivered during school hours on 4 consecutive days in one week, and each trainee receives 7-8 hours of training. Instructors work together in pairs and, for Level 2, the ratio is 6 pupils per instructor, in accordance with Department for Transport stipulations.

Level 1 equips participants with the skills to ride their bikes with excellent control. Pupils will experience 2 hours of Level 1 training on the playground. If Level 1 is attained, this is followed by up to 6 hours of Level 2 training on local roads. Level 2 aims to give trainees the confidence to use their cycles on residential roads by developing cycling skills, creating positive attitudes towards road users, and by increasing knowledge and understanding of the road and traffic. This level is taught entirely on the road. (Please note that the Levels 1 and 2 course is for pupils who can ride a bike and wish to make on-road trips by bicycle; it is not aimed at children who have no experience of cycling.)

Every child who takes part in Bikeability training will require:

- a signed Outspoken parental consent form;
- a roadworthy bike;
- suitable clothing; and
- a helmet, in good condition and compliant with the BS EN 1078:1997 safety standard.

Outspoken Training will provide trainees with high visibility jackets to be worn during the on-road training.

Ely St Mary's Junior School has been fortunate in having been able to make a booking for 60 of its Year 6 pupils to receive Bikeability training, during the period Monday 8th to Thursday 11th February 2021. (Participating pupils will require to bring their bicycles to school on all 4 days.) **If you would like your child to take part please complete the attached Bikeability Course Consent Form, and return this to school no later than 3.30pm on Wednesday 4th November 2020** (as the provider requires a register of participating pupils in early November).

In the event that more than 60 applications are received, names will be drawn from a hat in order to decide to which interested pupils places are to be allocated. The names of any remaining pupils will be placed on the Waiting List, in the order in which they are drawn from the hat. (We are unable to accommodate more than 60 bicycles on site.)

Yours sincerely,
Miss Gardner and the Year 6 Team