



Menus



For those of you that regularly enjoy our wholesome school meals,
here is a menu for the second half of the Summer Term 2021.

For those that have not yet sampled our fayre, here are a few tempting facts from our cook:

- we use as much local produce as possible;
- our meat is purchased direct from the butcher, and is roasted on the premises;
- fresh fruit is available daily;
- our bread, when on offer as an additional accompaniment, is home-made;
- we use only locally-sourced, free-range eggs; and
- there is always a vegetarian choice available.

Above all, our meals are tasty and, at a price of £2.20, represent good value for money.

Food Allergies and Intolerances

Information about the ingredients in our school meals is available either by enquiring at the School Office,
or from staff in our School Kitchen when customers make their selections.

Our aim is to cater for as many children with a specific dietary requirement as is possible, and our
Catering Manager would be pleased to discuss individual pupils' catering needs with parents, by appointment.

Please note, however, that:

- Under European Union law, food manufacturers and suppliers are only legally required to provide information on the EU top 14 allergens* in their products. Any foods that fall outside of these 14 allergens may not be fully listed in a product's ingredient list. (**Gluten, Milk, Egg, Fish, Nut, Peanut, Soya, Crustacean, Mollusc, Celery, Mustard, Sesame, Sulphites, Lupin*)
- A number of allergens are used in our School Kitchen on a daily basis. Whilst all members of our Catering Team are trained to manage the risk of cross-contamination, we are not able to guarantee that meals will be completely free of any allergen.

If you feel your child's medical dietary requirements are too high-risk to be catered for by our School Kitchen,
please provide alternative meal arrangements.



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Week commencing Monday 7 June 2021 - WEEK ONE				
Monday	Tuesday	Wednesday	Thursday	Friday
Toad-in-the-hole & Gravy <u>or</u> Vegetarian Toad-in-the-hole (V)	Sausage roll <u>or</u> Tuna <u>or</u> Vegetarian Sausage Roll (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Pizza (V)	Breaded Fish Fillet, <u>or</u> Sausages, <u>or</u> Macaroni Cheese (V)
Mashed potatoes <u>or</u> Pasta Home-made bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes Home-made Bread	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Baby carrots, peas Salad	Baked Beans Salad	Fresh Carrots, Fresh Cabbage	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms Salad
Hot sweet/cold sweet Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing Monday 14 June 2021 - WEEK TWO				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese & Cheese (optional) <u>or</u> Fish fingers <u>or</u> Cheese & Onion Pasty (V)	Hot Dog <u>or</u> Tuna <u>or</u> Vegetarian Hot Dog (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Pizza (V)	Breaded Fish Fillet <u>or</u> Sausages <u>or</u> Homemade Quiche (V)
Mashed Potatoes <u>or</u> Pasta Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes Home-made Bread	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh Carrots, Sweetcorn Salad	Baked Beans Salad	Fresh Carrots, Roast Parsnips	Fresh Broccoli, Sweetcorn	Mushy Peas, Baked Beans
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing Monday 21 June 2021 - WEEK THREE				
Monday	Tuesday	Wednesday	Thursday	Friday
Toad-in-the-hole & Gravy <u>or</u> Vegetarian Toad-in-the-hole (V) <u>or</u> Shepherd's pie	Breaded Chicken Burger in a Bun <u>or</u> Tuna <u>or</u> Vegetarian Burger in a Bun (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Kiev's (V)	Home-made Pizza (V)	Breaded Fish Fillet <u>or</u> Sausages <u>or</u> Homemade Quiche (V)
Mashed Potatoes Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes Home-made bread	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh cauliflower, sweetcorn Salad	Baked Beans Salad	Fresh Carrots, Peas	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt



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Week commencing Monday 28 June 2021 - WEEK FOUR				
Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & sour chicken <u>or</u> Fish Fingers <u>or</u> Cheese pasty (V)	Sausage roll <u>or</u> Tuna <u>or</u> Vegetarian Sausage Roll (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Kievs (V)	Home-made Pizza (V)	Breaded Fish Fillet, <u>or</u> Sausages, <u>or</u> Macaroni Cheese (V)
Rice , mashed potato	Chips	Roast Potatoes <u>or</u> Mashed Potatoes	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh Cauliflower, Peas	Baked Beans Salad	Fresh Carrots, Fresh cabbage	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing Monday 5 July 2021 – WEEK FIVE				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese & Grated Cheese (optional) <u>or</u> Cheese Pasty (V)	Hot Dog <u>or</u> Tuna <u>or</u> Vegetarian Hot Dog (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Pizza (V)	Fish in Breadcrumbs, <u>or</u> Sausages, <u>or</u> Home-made Quiche (V)
Pasta <u>or</u> Mashed Potatoes Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh Carrots, Sweetcorn	Baked Beans Salad	Fresh Carrots, Roast Parsnips	Fresh Broccoli, Sweetcorn Salad	Mushy Peas, Baked Beans
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing Monday 12 July 2021 – WEEK SIX



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Monday	Tuesday	Wednesday	Thursday	Friday
Toad-in-the-hole & Gravy <u>or</u> Vegetarian Toad-in-the-hole (V)	Breaded Chicken Burger in a Bun <u>or</u> Tuna <u>or</u> Quorn Burger in a Bun (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Pizza (V)	Fish in Breadcrumbs, <u>or</u> Sausages, <u>or</u> Home-made Quiche (V)
Pasta <u>or</u> Mashed Potatoes Home-made Bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes	Garlic Bread <u>or</u> Pasta	Mashed Potatoes <u>or</u> Pasta Home-made Bread
Fresh Cauliflower, Peas, Salad	Baked Beans Salad	Fresh Carrots, Roast Parsnips	Fresh Broccoli, Sweetcorn Salad	Baked Beans, Fresh Mushrooms, Salad
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt

Week commencing Monday 19 July 2021 - WEEK SEVEN

Monday	Tuesday	Wednesday	Thursday	Friday
Creamy Chicken Curry <u>or</u> Fish Fingers <u>or</u> Pizza Wrap (V)	Breaded Chicken Burger in a Bun <u>or</u> Tuna <u>or</u> Quorn Burger in a Bun (V)	Roast Chicken, Yorkshire Pudding & Gravy <u>or</u> Vegetable Nuggets (V)	Home-made Pizza (V)	
Rice <u>or</u> Mashed Potatoes, Home-made bread	Chips	Roast Potatoes <u>or</u> Mashed Potatoes	Garlic Bread <u>or</u> Pasta	
Fresh Cauliflower, Sweetcorn, Salad	Baked Beans Salad	Fresh Carrots, Peas	Fresh Broccoli, Sweetcorn Salad	
Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	Hot Sweet/Cold Sweet/ Fruit/Yoghurt	

Please note that menus may be subject to change in exceptional circumstances.



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