



St John's C of E Primary School

Together we grow stronger

Headteacher Mr B Basinger-Adams Chair of Governors Mr J Alpin



12th November 2018

Dear Parents/Carers

The week beginning Monday 12th November is Anti-Bullying week. Here at St John's, we are doing several things to observe and support this important initiative; on Monday we are wearing odd socks for Anti-Bullying and our collective worship will be about Anti-Bullying. We'll also have a lesson about it, focusing on respect (the key theme for Anti-Bullying week.) Later in the week, the children will be reminded about internet safety, cyberbullying and what to do if they witness it. We are very lucky that our PSHE (Personal, Social & Health Education) scheme covers many elements of Anti-Bullying, such as respect, celebrating difference, how to stand up to bullying, friendship and developing self-confidence.

In school we work hard to help the children understand what bullying is. We use the definition provided by the Anti-Bullying Alliance: *the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.* We also help the children define the difference between rude, mean and bullying behaviour:
Rude = *when someone says or does something **unintentionally** hurtful and they only do it once.*
Mean = *when someone says or does something **intentionally** hurtful and they only do it once or twice.*
Bullying = *when someone says or does something **intentionally** hurtful and they keep doing it, even though you've told them to stop and they know it is upsetting you.*

We teach the children what to do if they are being bullied or if they witness bullying. They know that they should say "STOP! What you are doing is making me/name feel sad." Then they know to tell an adult that they trust what is happening.

In addition to this, all of the children and staff understand and sign our Anti-Bullying Charter (attached).

For more detail on our approach to bullying/anti-bullying please see our Behaviour, Anti-Bullying, Peer on Peer Abuse and PSHE policies on our school website.

For further information on Anti-Bullying, for parents and children, please visit the Anti-Bullying Alliance website.
<https://www.anti-bullyingalliance.org.uk/tools-information>

Finally, if you have any questions or concerns over bullying, please make an appointment to see Mr Basinger-Adams.

Many thanks for your continued support

Mrs Turner (PSHE Lead Teacher)
&
Mr Basinger-Adams (Headteacher)

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