

# Broadwood Primary School

## Drugs, Alcohol and Tobacco Education - Progression Map



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<i>Theme for the Year</i>		<b><i>Medicines and People who help us</i></b>	<b><i>Keeping Safe</i></b>	<b><i>Smoking</i></b>	<b><i>Alcohol</i></b>	<b><i>Legal and Illegal Drugs</i></b>	<b><i>Preventing Early Use</i></b>
		<p>Understand how to look after our bodies</p> <p>Know how medicines get into our bodies</p> <p>Know why people use medicines</p> <p>Understand that some people need to take medicines all the time to stay healthy</p> <p>Know when we should take medicines and who should give them to us.</p> <p>Know the rules about medicines</p>	<p>Know what is safe or unsafe</p> <p>Know when something is too risky</p> <p>Know that some things we put into our bodies can harm us</p> <p>Know some rules about keeping safe</p> <p>Follow safety instructions and rules at home and at school</p>	<p>Know how smoking affects people</p> <p>Consider why people smoke</p> <p>Know some of the effects of smoking on the body</p> <p>Know about passive smoking</p> <p>Know rules and laws to prevent smoking</p> <p>Make the positive choice not to smoke</p>	<p>Know what alcohol is and how it affects the body</p> <p>Understand that everyone will be affected differently by alcohol</p> <p>Know there are risks to drinking alcohol</p> <p>Know some laws about drinking alcohol</p> <p>Consider ways of persuading people to drink alcohol sensibly</p>	<p>Know about a range of legal and illegal drugs</p> <p>Have some understanding of the effects and risks of illegal drugs</p> <p>Explore attitudes to drug use</p> <p>Understand that all sorts of people may misuse drugs</p> <p>Challenge myths about drug use</p> <p>Know a range of skills to resist peer pressure</p> <p>Develop some assertiveness skills</p>	<p>Know what effect cannabis can have on your health and Life</p> <p>Know the legal consequences of using cannabis</p> <p>Know the effects and risks of volatile substance abuse</p> <p>Know how to get and to give help</p> <p>Have practised communicating with adults</p> <p>Know how to access help and support</p>
<b><i>Vocabulary</i></b>		Un/healthy, un/well, ill, drug, medicine, tablet, injections, inhaler, adult, stranger, doctor, nurse, dentist, hospital	Safe, unsafe, dangerous, liquid, symbol, hazard, alcohol, cigarettes, matches, lighter, risky	smoking, tobacco, cigarette, lung, cough, passive, effects, benefits, law, second hand, quitting, pressure, toxic, chemicals, addictive	Alcohol, drink, legal, illegal, unit, volume, media, advertising, choice, vomit, unconscious	Legal, illegal, alcohol, medicine, nicotine, caffeine, solvents, volatile substance, cannabis, stimulant, depressant, hallucinogen, stereotypes	Cannabis, volatile substances, accident, dangerous, unconscious, breathing, choking, sniffing, inhaling, recovery, first aid, recovery