

# Broadwood Primary School

## Relationships and Sex Education – Progression Map



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<i>Theme for the Year</i>	<b>Our Lives</b>	<b>Growing and Caring for Ourselves</b>	<b>Differences</b>	<b>Valuing Differences and Keeping Safe</b>	<b>Growing Up</b>	<b>Puberty</b>	<b>Puberty, Relationships and Reproduction</b>
	<p>Understand some areas in which the children can look after themselves e.g. dressing and undressing. Explain why it is important to keep clean. Understand some basic hygiene routines. Identify different members of the family. Understand how members of a family can help each other.</p>	<p>Know how to keep clean and look after oneself. Understand that babies become children and then adults. Know the differences between boy and girl babies. Know there are different types of families. Know which people we can ask for help.</p>	<p>Describe the difference between male and female babies. Describe some differences between male and female animals. Understand that making a new life needs a male and a female. Describe the physical differences between males and females. Name the male and female body parts. Understand that some people have fixed ideas about what boys and girls can do.</p>	<p>Know some differences and similarities between males and females. Name male and female body parts using agreed words. Identify different types of touch that people like and do not like. Understand personal space. Talk about ways of dealing with unwanted touch. Understand that all families are different and have different family members. Identify who to go to for help and support.</p>	<p>Describe the main stages of the human lifecycle. Describe the body changes that happen when a child grows up. Discuss male and female body parts using agreed words. Know some of the changes which happen to the body during puberty. Know about the physical and emotional changes that happen in puberty. Understand that children change into adults so that they are able to reproduce.</p>	<p>Explain how to stay clean during puberty. Explain the main physical and emotional changes that happen during puberty. Ask questions about puberty with confidence. Understand how puberty affects the reproductive organs. Describe how to manage physical and emotional changes. Describe how emotions change during puberty. Know how to get help and support during puberty.</p>	<p>Describe how and why the body changes during puberty in preparation for reproduction. Talk about puberty and reproduction with confidence. Discuss different types of adult relationships with confidence. Know what form of touching is appropriate. Describe the decisions that have to be made before having a baby. Know some basic facts about pregnancy and conception. To have considered when it is appropriate to share personal / private information in a relationship. To know how and where to get support if an online relationship goes wrong.</p>
<b>Vocabulary</b>	<p>Dress, undress, clean, smelly, flannel, sponge, towel, hands, toothbrush, toothpaste, hairbrush, comb, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad</p>	<p>Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina</p>	<p>Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina</p>	<p>Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship</p>	<p>Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional feelings</p>	<p>Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings</p>	<p>Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal / private information, internet safety</p>

# Broadwood Primary School

## Relationships and Sex Education – Progression Map

