

	Week 1			
	Mains	Sides	Vegetables	Dessert
Monday	Panini/wraps Tuna pasta bake	Savoury rice Creamed potatoes	Peas Sweetcorn Cauliflower	Pancake with ice cream or fruit Yoghurt Fruit Cake bar
Tuesday	Roast turkey Yorkshire pudding Macaroni cheese	Roast potatoes Creamed potatoes Garlic bread	Broccoli Carrots Gravy	Fruit segments Yoghurt Cake bar
Wednesday	Quorn Korma Pork sausage	Rice Nan bread Creamed potatoes	Carrots Peas Gravy	Blueberry cake and custard Yoghurt Fruit Cake bar
Thursday	Vegetarian spaghetti bolognaises Gammon	Garlic bread Sautéed potatoes Creamed potatoes	Carrots Peas	Fruit cookie Or Oat and fruit cookie Yoghurt Fruit Cake bar
Friday	Battered fish Crumb coated chicken Cheese flan	Chips Creamed potatoes	Peas Beans Broccoli	Shortbread biscuit Yoghurt Fruit Cake bar

	Week 2			
	Mains	Sides	Vegetables	Dessert
Monday	Vegetarian tortilla Pizza	Rice Creamed potatoes Herby dice potatoes	Peas Sweetcorn Cauliflower	Ice cream or fruit topped waffle Yoghurt Fruit Cake bar
Tuesday	Roast chicken with stuffing Tomato and cheese bake	Roast potatoes Creamed potatoes Garlic bread	Broccoli Carrots Gravy	Stick toffee cake and custard Fruit Yoghurt Cake bar
Wednesday	Quorn Korma Pork sausage	Rice Nan bread Creamed potatoes	Carrots Peas Gravy	Blueberry cake and custard Yoghurt Fruit Cake bar
Thursday	Vegetarian pasta carbonara Chicken enchiladas	Garlic bread Savoury rice Creamed potatoes	Carrots Peas Coleslaw	Fruit salad Yoghurt Fruit Cake bar
Friday	Battered salmon Chicken poppers	Chips Creamed potatoes	Peas Beans Cauliflower	Cookie Yoghurt Fruit Cake bar

	Week 3			
	Mains	Sides	Vegetables	Dessert
Monday	Pizza Tomato pasta	Savoury rice Creamed potatoes	Peas Sweetcorn Cauliflower	Pancake with ice cream or fruit Yoghurt Fruit Cake bar
Tuesday	Roast turkey with stuffing Vegetarian tikka masala	Roast potatoes Creamed potatoes Rice	Broccoli Carrots Gravy	Yoghurt Fruit Cake bar
Wednesday	Panini/wrap Chicken and leek pie	Rice Creamed potatoes	Salad Coleslaw Carrots Peas Cauliflower	Toffee apple cake Yoghurt Fruit Cake bar
Thursday	Meatballs in tomato sauce Tuna and cheese puffs	Pasta Herby diced potatoes Creamed potatoes	Broccoli Peas	Jelly or ginger biscuit Or Oat and fruit cookie Yoghurt Fruit Cake bar
Friday	Fish fingers Crumb coated chicken Cheese flan	Chips Creamed potatoes	Peas Beans Cauliflower	Flapjack Yoghurt Fruit Cake bar