



OWL BABIES WEEKLY TIMETABLE

All timings are only suggestions. We understand that everyone will have different commitments etc and may also have to be working from home.



Times	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am	Join in with Joe Wicks daily active session on YouTube ...or choose some activities from Go Noodle or Cosmic Kids				
9:20am - 9:40am Maths	<p style="color: red;">There are some great maths games on https://www.topmarks.co.uk/maths-games/3-5-years/counting We love Numberblocks and Numbersongs on CBeebies and there are loads of counting songs on YouTube!</p>				
	<p>Get your child to: Count how many people there are in your house. Can they count out from the packet how many biscuits they need to give each of them one? Can they work out how many they would need if there was another person? Play a game where you count up to a number and they have to say what the next number would be. Can they do it if you say a number without counting? (They may need to count from 1 to get to the number and work out the next one)</p>	<p>Make 2 sets of number cards (the card from a cereal box will do) numbered 1-10. Spread them out face down and play "pick-a-pair" naming the numbers as you turn the cards. If your child only recognises 1-3 then just use these to begin with, then gradually introduce other numbers over the next few days and weeks.</p>	<p>Use your number cards to order from 1-10 (or whatever your child is confident with) Ask them to find the correct number of bricks / lego pieces / cars / buttons / figures (whatever small objects you have a lot of!) for each card. Play a game where you deliberately count out the wrong number for one of the cards and get your child to say why it's wrong and correct you.</p>	<p>Show your child a plate or CD and ask them what shape it is. Talk about how we know it is a circle (because it is round, it only has one curved side). Have a shape hunt around the house and garden to find other things that are circle-shaped. Which is the biggest? Which is the smallest? Can you draw some circles and cut them out?</p>	<p>Play a counting action game: Throw a dice (or choose a random number card if you don't have a dice) then do that number of actions. Take turns with your child - you go and they copy then they go and you copy. Example actions: nod your head, clap your hands, tap your toes, pat your knees, jump, hop, stamp, wiggle your hips, stick out your tongue!</p>
9:40am - 11:30am	<p style="text-align: center;">FREE PLAY TIME!</p> <p>Allow your child time and opportunity to choose what activities they would like to do. This could involve using the outdoor environment, but if you leave your own garden, please remember the rules on social distancing.</p> <p style="text-align: center;">This doesn't have to be structured and it doesn't matter if it is not focussed on phonics, literacy or maths.</p> <p style="color: red; text-align: center;">If possible join in with your child's play but allow your child to direct it.</p> <p>When joining in with their choice of play you can extend their learning, introduce new vocabulary and ideas eg: if playing with a kitchen role play area and your child is pretending to make some food you can extend learning by offering new foods for them to try and cook, if they offer you the 'pretend' food they've made you could extend it by saying 'it's got a bit cold, what could we do about that'? You could suggest writing a Menu so everyone knows what food they are cooking.</p> <p style="text-align: center;">This time could also include sitting and having a healthy snack with your child.</p>				
11:30am Phonics	<p style="color: red;">Free access for all games on phonicslay.co.uk - User name march 20 Password home - Choose activities from Phase 1</p>				
	<p style="color: purple;">General sound discrimination - environmental</p> <p>Go out into the garden and be very</p>	<p style="color: purple;">General sound discrimination - body percussion</p> <p>Sing "If you're happy and you know</p>	<p style="color: purple;">Rhythm and rhyme</p> <p>Syllable clapping: Think about all of the people in your family, or your</p>	<p style="color: purple;">Alliteration</p> <p>Find as many things in your house as you can that begin with the</p>	<p style="color: purple;">Rhythm and rhyme</p> <p>Sing "Twinkle Twinkle Little Star" – can you hear the rhyming words?</p>



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	<p>quiet. What can you hear? Once you are back in the house, try to remember them - can you make those sounds yourself?</p>	<p>it, clap your hands / tap your knees / stamp your feet / click your fingers" What other sounds can you make with your body?</p>	<p>friends. As you say their names, clap the syllables. E.g. Joey and Sophie have 2 claps, Maria has 3 and James has 1. Who has the same number of claps as you?</p>	<p>sound "b" If your child struggles, give them some clues e.g. something we read (book); somewhere we brush our teeth (bathroom); something we make sandwiches with (bread)</p>	<p>What about "Humpty Dumpty?" What else rhymes with star? What else rhymes with wall?</p>
<p>12pm-1pm</p> <p style="text-align: center;">Lunch</p>	<p style="text-align: center;">Get your child involved! Sing a song whilst washing your hands, first!</p> <p style="text-align: center; color: red;">Wash your dirty hands, wash your dirty hands, Rub and scrub, and rub and scrub, And wash your dirty hands!</p> <p style="text-align: center;">(to the tune of The Farmer wants a Wife)</p> <p>They could count out how many plates and cups are needed, butter bread for sandwiches and add the filling, crack eggs into a pan for scrambling or chop soft fruit to add to yoghurt. Lunchtime is a great time to talk about where food comes from and why eating a variety of food is important for our health. Get them to help with the clearing up, wiping the table and washing the dishes, too!</p>				
<p>1:00pm - 2:30pm</p>	<p style="text-align: center;">FREE PLAY TIME As mentioned above.</p> <p style="text-align: center;">You may want to use this time to set up an art and craft activity, make and explore something sensory/messy or go for a walk (remember the social distancing rules).</p>				
<p>2:30pm - 3:00</p> <p style="text-align: center;">Story Time</p>	<p>Read a story or watch a story-reading on YouTube. Talk to your child about where the story happens (the setting); who the story is about (the characters) and what happens (beginning, middle and end).</p> <p>You could use the following questions and activities (not all of them every time!): What can you see on the front cover? What do you think this story might be about? What did you like about that story? Who was your favourite character? How do you think *** (character) feels when.....? What would you do if you were in this story? Do you know what all the words mean? (explore and explain unfamiliar words). Stop at certain points and ask "What do you think will happen next / How do you think the story will end?" Draw pictures of the characters or make masks to re-tell the story. Use your dolls / teddies / figures to re-tell the story.</p> <p style="color: red; text-align: center;">Mrs Wilkinson-Best will hopefully be uploading story-reading videos with activity suggestions for you to watch!</p> <p>Don't forget to have a bedtime story each night, too. This is a great opportunity to just snuggle up and just enjoy the experience - no "learning" required!</p>				