

## **COVID-19 Helpline Numbers , Websites and Social Media links**

**Kooth.com** – Online counselling for young people

**LGBT Foundation Helpline** – 0345 3 30 30 30

**Drinkline** – 0300 123 1110 ([www.drinkaware.co.uk](http://www.drinkaware.co.uk))

**HOPELineUK** – 0800 068 41 41 (suicide prevention)

**Frank** (national drugs helpline) - 0300 123 66 00 ([www.talktofrank.com](http://www.talktofrank.com))

**Samaritans** – 116 123

**Childline** - 0800 1111

**NSPCC** — 01925 873000

**Get connected** - (confidential helpline for young people) 0808 808 4994

**Mind** – (for better mental health) 0300 123 3393, or, text 86463

**MASH** – 01925 446227

**Wakefield House** – 01925 666647

**Pathways** – 01925 423717

**Foodbank**—07583 080521

**Health visitor** — 01925 867928

**Midwives**—01925 662323

**Face Book Pages with free food available** - HabiHub, Free Food Warrington, Neighbourhood Food Larder, Friends of Meadowside

### **Websites to keep the Kids Occupied**

Barefootcas.org.uk

Bbc bitesize

Letters-and-sounds.com

Ictgames.com

Science kids

Sciencebob.com

Stem.org.uk/teaching-science-through-stories

Primartresources.co.uk

Teachingideas.co.uk

Theteacherscorner.net

Kidzone

Sparklebox

Dltk-kids.com

Bigactivites.com

Thelittleactivitychest.com

Early years experience

[Ichild.co.uk](http://Ichild.co.uk)

[Education.scholastic.co.uk](http://Education.scholastic.co.uk)

[Senictsoftware.com](http://Senictsoftware.com)

Can Teach

[Icanteach.co.uk](http://Icanteach.co.uk)

[Show.me.uk](http://Show.me.uk)

Go Noodle

Twinkl – currently free

Just Dance – You tube video

Jack Hartmann kids music channel – you tube video

[www.cosmickidsyoga.com](http://www.cosmickidsyoga.com)