



An Daras Multi Academy Trust

Sun Safety Guidelines

The An Daras Multi Academy Trust (ADMAT) Company
An Exempt Charity Limited by Guarantee
Company Number/08156955

Status: Approved	
Recommended	
Statutory	No
Version	V2.0
Adopted (v2.0)	Jan 2018
Review (v2.0)	
Advisory Committee	Local Governing Advisory Body
Linked Documents and Policies	Child Protection Policy Intimate Care Policy

Sun Safety Guidelines

1. Purpose and Directions of the guidelines:

Our nursery believes in Sun Safety to ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays from sunlight.

2. The Main Priorities of the Sun Safety Guidelines

- Talk to children about why the sun can harm their skin and how best to protect themselves.
- Encourage children to wear clothes that provide good sun protection (e.g. hats, long sleeves).
- Only children wearing a sun hat and sun cream are permitted to play outside between the months of April and October in sunny weather.
- Sun cream must be applied by parents before dropping the child off to Pre-School.
- Staff will apply sun cream to children who attend the Nursery for the full day session – application at lunchtime only.
- Parents of children attending full day sessions, must supply sun cream of a factor 30 or above for their child to use.
- In some circumstances if a child arrives at preschool without sun cream, staff may apply cream, only if the child has a named bottle and a signed permission slip at the setting.
- Permission from parents must be given each year for staff members to apply the sun cream to their child
- Sun cream must be applied with disposable gloves, changing them between each child.
- Staff should apply the cream at least 15 minutes before the children venture outside to ensure that it has started working. The cream will be reapplied as per instruction on each individual bottle.
- Where possible, outdoor activities will be scheduled at times other than the middle of the day when the sun's rays are most harmful.
- Where possible outdoor activities will be set up in areas of shade.
- Staff will act as good role models by practising sun safety themselves wearing hats and sun cream.
- Individual arrangements will be made for children with medical conditions who are unable to wear sun cream.
- Staff will make a daily decision as to whether children are adequately sun protected to play outside on hot days but will follow the general rule – no hat, no sun cream means that children will play in the shade for a short time if possible, if not, the child will remain indoors where an adult will be present. This has to be enforced as we are responsible for all children's health and well-being when they are within the Pre-School.
- Fresh drinking water will be freely available to all children during the Pre-School session.

Next review will be:

Signed:.....

Date:.....