

## WINTER MENU 2019

Monday

Tuesday

Wednesday – Roast Day

Thursday

Friday – Fishy Friday!

WEEK 1	Sausage & Bacon Casserole	Pasta Bolognaise & Garlic bread	Roast Gammon & Yorkshire puddings & Roast Potatoes	Meadery Style Chicken & Wedges	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Butternut Squash soup & Bread Roll (v)	Cheesy Potato Skins (v)	Country Vegetable Pie & Roast Potatoes (v)	Roasted Butternut Squash Risotto (v)	Quorn Nuggets & Chips (v)
	Chocolate Brownie	Fruit Crumble & Custard	Chocolate Mousse	Rice Pudding	Cookie

WEEK 2	Newlyn Fish Cake & Wedges	Hand Made Steak Pasty	Roast Turkey & Stuffing & Roast Potatoes	Sausage & Mash	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Cheesy Pizza & Wedges (v)	Hand Made Cheese Pasty(v)	Lentil Roast & Roast Potatoes (v)	Hommitie Pie (v)	Vegetarian Quiche (v)
	Chocolate Chip Muffin	Ice Cream	Flake Cake	Pineapple Upside Down Cake & Custard	Shortbread Fingers

WEEK 3	Steak Pie & Mash	Sweet & Sour Chicken & Noodles	Roast Pork, Roast potatoes & Yorkshire puddings	Cheesy Bacon Bite & Wedges	Freshly Battered Fish / Fish Fingers & Chips
	Macaroni Cheese & Garlic Bread (v)	Veggie Spring Rolls & Sweet n Sour Veg (v)	Quorn Roast & Roast potatoes (v)	Vegetarian Sausage & Mash (v)	Quorn Hotdogs & Wedges (v)
	Fruit Pie & Custard	Chocolate Orange Cheesecake	Fruity Jelly	Millionaire Shortbread	Giant Cookie

- Baked Jacket Potatoes (Mon, Tues & Thurs). Fresh Fruit, Freshly Baked Bread DAILY
- Delicious Salad Bar – Mon, Tues & Thurs
- Choice of two seasonal vegetables every day – varieties will depend on our local farm and what has been growing.

### Menu Dates

**Week 1:** 9<sup>th</sup> and 30<sup>th</sup> Sept, 28<sup>th</sup> October, 18<sup>th</sup> November, 9<sup>th</sup> December

**Week 2:** 16<sup>th</sup> Sept, 7<sup>th</sup> October, 4<sup>th</sup> and 25<sup>th</sup> November, 16<sup>th</sup> December

**Week 3:** 23<sup>rd</sup> Sept, 14<sup>th</sup> October, 11<sup>th</sup> November, 2<sup>nd</sup> December

