

Physical Education Summary- Intent, Implementation and Impact

Intent

At St. Augustine's Catholic Primary School we believe Physical Education (PE) is essential to ensuring that children develop both physically and emotionally as well as making sure they have good mental and physical health. It is an integral part of the curriculum that is inclusive and engages all pupils. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We also want to teach children skills that are going to be able to keep them safe, such as swimming. PE is a brilliant way of teaching children to work cooperatively and collaboratively with others in an effective team by understanding fairness and equality. Children will participate in competitive sporting events and we teach them to use our Gospel Values in both our PE lessons and sporting activities to promote positive outcomes for pupils as well as showing respect in sport and being good role models. Our curriculum aims to improve the fitness and wellbeing of all pupils at our school, not only through the skills we teach, but through the values and disciplines PE promotes.

Implementation

- Children will participate in high-quality PE lessons twice a week that over the school year cover all areas of the curriculum.
- Teachers use, and adapt, LCP planning and resources to ensure lessons across the year show progression of the skills being taught.
- Classes follow the PE overview to make sure that children engage in a range of sports and activities to aid their learning.
- Children are invited to participate in a variety of competitive sports and festivals to enable them to put their skills into practice within a game situation.
- PE at St. Augustine's provides challenging and enjoyable learning through a range of sporting activities including: invasion games, net and wall games, strike and field games, gymnastics, dance, swimming and outdoor and adventure.
- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the national curriculum are fully met.
- Children are encouraged to participate and engage in the wide range of extracurricular activities. Lunch time sports are available each day and children can also attend after school clubs.
- Each year a small group of children from year 5 and 6 are invited to become bronze ambassadors for PE. They develop into sporting role models for the younger children by assisting with lunch time clubs, sports day and any other sporting events or activities.
- Children in Year 3 swim once per week through the summer term. This is then repeated later in the school for any children who are unable to swim.
- Annually, St. Augustine's will celebrate a 'Healthy Living and Fitness Week' to promote a healthy lifestyle and physical activity.

Impact

At St. Augustine's, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. Our curriculum aims to improve the wellbeing and fitness of all children at our school, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. All children are provided with the skills and given the opportunity to demonstrate improvement to achieve their personal best. Our pupils are physically active and this has positive implications on their learning within the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise. We hope children enjoy PE and develop a love for sport, and physical activity, that they then pursue outside of school. All pupils understand the values and importance of fair play and good sportsmanship. We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun.