



Friday 13th November 2020 is **Children in Need** day.

As a school we have always shown fantastic support to this amazing charity and although we will need to do things slightly differently this year due to current circumstances, we are still determined to have a fun filled day whilst supporting the cause. This year, with their Five to Thrive campaign, they are making children's mental health and wellbeing a priority of the appeal, which is something here at West Jesmond, we are always immensely supportive of.

This year we would like **all children** and staff to **come to school in non-uniform** on the day and wearing their Pudsey ears if they wish. We would ask for a **suggested donation of £1 in support** of this year's BBC Children in Need appeal.

In addition to a non-uniform day, for an **extra small monetary donation**, we would like to invite the children to **do something crazy with their hair!**

As a healthy school, as part of the Five to Thrive campaign, we are also hoping in our class bubbles to take part throughout the week, in lots of the Five to Thrive activities on the weekly calendar from the Children in Need website. This includes **Joe's Ultimate Feel Good Friday workout** at some point during the school day on Friday 13th. Please bear this in mind when considering your outfit! You will need to be able to move!

Finally, whereas in previous years we have been able to sell Pudsey merchandise in school to boost our fundraising, this year we are hoping instead, to boost our donations by taking part in each class (and one for the staff too!) in the Annual Duck Race Sweepstake 2020. More details of how to enter and make your online donations for all of our fundraising activities after the half term holiday.

Many thanks for your continued support.

Lucy Oades

Raising Aspirations and Enterprise Co-ordinator