

A high temperature.

This means you feel hot to touch on your chest or back. 38 degrees or above.



A new, continuous cough.

This means coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours.



A loss or change to your sense of smell and taste.

This means you've noticed you cannot smell or taste anything, or things smell or taste different to normal. (anosmia)



Only get tested if experiencing **any of the three symptoms** listed – even if isolating because of close contact with a confirmed case.

