

Make your favourite food. Remember to take photos of it! Then write down the ingredients and instructions telling others how to make it.

Teach someone the 'Bean' game eg Baked bean, runner bean, jumping bean, french bean. Can you think of any other beans you could add to the game?

List all the foods in your kitchen, which are packaged in a cuboid.

Follow a recipe, weighing and measuring all the ingredients yourself. Remember to photograph yourself in action!

Food, glorious food

Fistral Topic Homework

Create some food craft! See <http://www.thedailybuzz.com.au/2011/10/20-creative-food-ideas-for-kids/> for ideas.

Use a fruit or vegetable to print a pattern.

Use your senses! Ask an adult to blindfold you. They should then feed you some foods. You should use your sense of smell, touch and taste to work out which foods you have been given. You could take a picture and write a list of adjectives.

Look at www.foodafactoflife.org website. See what information you can find out about healthy eating and farming.

What is meant by the term FAIRTRADE?
Create a report explaining what it means.

