



This week's Hot Chocolate club has been postponed until Monday.



Best attendance goes to **Rowan with 97.9% attendance!**

Year 3	Year 4	Year 5	Year 6
Juniper: 97.8%	Maple: 91.1%	Holly: 90.8%	Ash: 95.2%
Palm: 92.6%	Cedar: 96.1%	Rowan: 97.9%	Hazel: 94.8%
	Sycamore: 94.5%	Hawthorn: 89.0%	

## Foodbank collection

Donations for our food bank collection are already coming in, so thank you to all of you who have contributed so far. There is still plenty of time to bring food items in if you wish to support the food bank during this difficult time. We are taking donations at school until **Thursday 15<sup>th</sup> October**. Here is a list of some of the types of suitable foods, generally those foods with a longer shelf life are better.



### URGENTLY NEEDED FOOD ITEMS

- LONG LIFE FRUIT JUICE
- TINNED TOMATOES
- TINNED FISH
- UHT MILK (1 LITRE)
- TINNED FRUIT (400GMS)
- CAKES/PUDDINGS

## Sporting Achievement

Congratulations to Olivia in year 6 who has been busy collecting an impressive selection of trophies and medals through her love of dancing. We would love to hear more about the achievements and talents of our children outside of school whether in sport or through other hobbies and interests. So please let us know what amazing things your children get up to in their spare time!

## World Mental Health Day

Saturday 10<sup>th</sup> October is world mental health day and is one of the most important ones yet. This year has been a tough one for us all. The months of lockdown and loss have had a huge impact on our mental health.

According to the research of MIND, we know that more than half of adults (60%) and over two thirds of young people (68%) said their mental health got worse during lockdown. We know that many have developed new mental health problems as a result of the pandemic and, for some of us, existing mental health problems have gotten worse. The theme this year is 'Do one thing' and it's simple, do one thing each day that has a positive impact on your mental health. Whether it's going for a walk, learning a new skill or doing something creative, taking the first steps to getting support for yourself, or reaching out to someone else; take the opportunity to do one thing this World Mental Health Day. This link takes you to a lovely calendar of ideas. [https://www.mind.org.uk/media-a/6283/calendar\\_a4.pdf](https://www.mind.org.uk/media-a/6283/calendar_a4.pdf)



## Parent Pay

We can see that some parents are yet to activate their ParentPay accounts. As we continue to move ever closer to becoming a cashless school it is essential that we have all parents signed up to this

electronic method of payment. You will need the activation code/password that was previously sent out by letter. Please contact the school office if you need this information again.

## **YEAR 6 PARENTS – Application for a secondary school place**

A reminder that if you have not already applied for your year 6 child's place at secondary school for September 2021 you can do so via <https://www.cornwall.gov.uk/admissions> You have until 31<sup>st</sup> October 2020 to complete an online application but please contact the school office if you require help doing this.

## **Safeguarding**

Safeguarding our children is the responsibility of everyone, so if you have a concern please contact the school via telephone or email and ask to speak with a member of the safeguarding team.

The safeguarding lead for both Biscovey Nursery & Infants' and Biscovey Academy is Mr. Wallbank. To raise a concern yourself, you can also contact:

NSPCC 0800 800 5000  
Cornwall Multi Agency Referral Unit 0300 123 1116

## Wellbeing

The Office for National Statistics have released a report around what children feel improves their wellbeing and what makes them happy. The report highlighted six areas the first of which was **positive relationships**.

Positive relationships are key to anyone's wellbeing, so in school we are always working hard to build strong relationships with the children, so that they feel there is always someone looking out for them. Research suggests that one of the biggest protective factors for children with adverse experiences and trauma is an emotionally available adult. This could be a family member, a family friend or someone they trust at school.

In school, there are always adults available for children who are struggling to cope with any given situation. If you feel something has happened at home that means we need to keep an extra close eye on your child, please speak to your child's class teacher in the first instance.

We are a Trauma Informed School (T.I.S.), with more information found at <https://www.traumainformedschools.co.uk/>

## **Leadership Blog from Mr Tyers – Head of School**



There are many benefits to forging positive relationships for the well-being of both staff and learners alike. However, I believe behaviour and relationships go hand in hand. If done right, this allows educational professionals to create a welcoming learning atmosphere in which both parties and learners can thrive. For the more vulnerable or Early years children, forming positive attachments is crucial for development. For some children, no matter how hard we have tried, whether it be through our phone calls, interactive learning strategies or social media posts, they will have missed being in the presence of their consistently emotionally available

adult. As a result of lockdown, our carefully nurtured relationships have been ruptured and will need to be repaired. Paul Dix (2014) wrote that for a lot of children, the relationship they have with members of staff at school is a counterbalance for what is going on outside. It would therefore be wrong to assume that for some children they are able to pick the relationship up from where it ended when schools were forced to close. This means that it is our duty to reinvest our time into rebuilding those positive relationships because through circumstances out of our control we were forced to put those relationships on hold. We spend hours investing time into building up those relationships so as we can get to the point of trust. I firmly believe that this can only be done if we understand the impact of trauma, value the importance of play and focus on activating the pro-social system.

*Mr Tyers*

### Dates for your diary

26.10.20 – 30.10.20	Half Term
18.12.20	Last day of term
04.01.21	INSET
05.01.21	INSET
06.01.21	First day of term
12.02.21	INSET
15.02.21 – 19.02.21	Half Term

**Have a wonderful weekend everyone!**