

Welcome Back!

It has been wonderful to see all of the children back in school and settling in so well. We also welcome some new faces, our year 3 children moving up from the infants and our new Head of School, Mr Tyers. We would like to thank you all for being so supportive and patient whilst we have ironed out issues with drop offs and collections, this is now working much smoother and we are able to get the children in and out of the school as safely as possible. We will continue to keep you up to date with any changes.



Best attendance goes to **Class Cedar and Class Sycamore** with **99.6% attendance!**
Extra 'Star Time' coming your way!

Year 3	Year 4	Year 5	Year 6
Juniper: 98.1%	Maple: 98.6%	Holly: 93.4%	Ash: 95.3%
Palm: 98.8%	Cedar: 99.6%	Rowan: 98.9%	Hazel: 96.5%
	Sycamore: 99.6%	Hawthorn: 94.4%	

Parent Correspondence

Currently we are unable to offer the same level of face to face communication with parents as we previously could. As parents, there will always be times when you have questions or concerns and require a response from a member of staff. To ensure that this is responded to as quickly as possible, could we ask that this is done either through email to hello@biscovey.org.uk or by calling the school office on 01726 812949. We are unable to respond or enter into discussions through social media such as Facebook or Twitter.

Consent and Medical Information Forms

We will be sending out a variety of forms over the next couple of weeks which will need to be completed and returned as soon as possible. We are looking to move to electronic documents wherever possible which will make form filling much quicker and simpler for parents. If you are experiencing any difficulties with this please get in touch with the school office on 01726 812949.

Arbor Parent Portal App

You should have received an email with details about your log in to our Arbor Parent Portal App. If possible, please log into this and ensure that we have your most up to date contact details. You can update the details yourself via the app.



What do children need bring to school?

We are regularly reviewing our current procedures in line with government guidance which is frequently changes. Currently children should only bring a lunch box (if required) a water bottle and their book bag if they have one. They do not need to bring a school bag. All equipment required for your child's learning will be provided by the school. For PE we will now move into 'phase 2'. On your child's designated PE day they may come into school dressed in PE kit consisting of T. shirt, Hooded top, joggers/PT shorts and trainers. Below is a reminder of the set PE days for each class.

Phase 1:	Phase 2:	Phase 3:
No P.E. kit in school. Children are to bring in a pair of trainers which they keep in school. P.E. will predominately be based outside.	Children are to come to school wearing joggers, P.E. shirt, P.E. jumper and trainers on their P.E. day.	P.E. kits are brought into school on a Monday and taken home on a Friday. Children change for P.E.

<u>P.E Session 1</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Morning</u>	<u>Sycamore</u>	<u>Holly</u>	<u>Palm</u>	<u>Juniper</u>	<u>Cedar</u> <u>Rowan</u>
<u>Afternoon</u>	<u>Maple</u>	<u>Hawthorn</u>	<u>Ash</u>	<u>Hazel</u>	FREE

<u>P.E Session 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Morning</u>	<u>Hazel</u>	<u>Ash</u>	FREE	<u>Hawthorn</u>	<u>Maple</u>
<u>Afternoon</u>	<u>Rowan</u> <u>Cedar</u>	<u>Palm</u>	<u>Juniper</u>	<u>Holly</u>	<u>Sycamore</u>

Supporting young people with anxiety

[The Clear Fear app](#) powered by stem4 provides ways for children and young people to manage symptoms of anxiety. Developed by Dr Nihara Krause, a Consultant Clinical Psychologist, together with ideas from young people, Clear Fear uses a Cognitive Behavioural Therapy (CBT) framework to help change anxious thoughts and emotions, alter anxious behaviours and calm fear responses. This has been recommended to us by CaHMS.



Keeping our children safe online

Safeguarding our children is the responsibility of everyone, so if you have a concern please contact the school via telephone or email and ask to speak with a member of the safeguarding team. The safeguarding lead for both Biscovey Nursery & Infants and Biscovey Academy is Mr. Wallbank.

To raise a concern yourself, you can also contact:

[NSPCC](#) 0808 800 5000

[Cornwall Multi Agency Referral Unit](#) 0300 123 1116

We are aware of some children may have had access to the app TikTok. This is an app that is designed for children aged 13+, so is not age appropriate for our pupils. To read more about the app and the dangers of using it, head to [Net Aware](#), where they have parent guides to all of the most popular apps.

Leadership Blog

As we close the gates on our first week back, I would like to extend my thanks to every member of our community for doing their bit to ensure our reopening went as smoothly as possible. It has been so lovely to be on the gate each morning meeting you all and seeing smiling children enter through our gates once more. Can I also say thank you for your on-going support and patience as we navigated a few teething problems earlier in the week. Having been in a school during lockdown and seen first-hand just how quiet the school got, the sound of a busy school filled with smiling, polite children has been wonderful, and I can't wait for next week!

Within this weekly newsletter will be a Leadership Blog section. The focus of this will be informing you about various new initiatives or ideas we have or are bringing into school. I hope you find this useful.

International Dot Day and Growth Mindset:

One of the most basic beliefs we carry about ourselves has to do with how we view and inhabit what we consider to be our personality. A "fixed mindset" assumes that our character, intelligence, and creative

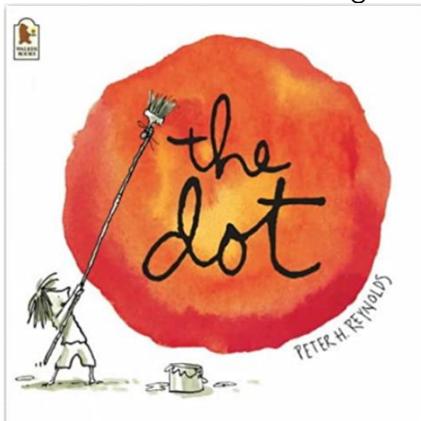
ability are unchangeable in any meaningful way, and success is a means of confirming our inherent intelligence. A fixed mindset constantly strives for success and avoids failure at all costs because this is a way of maintaining the sense of being 'smart'.

A "growth mindset," on the other hand, thrives on challenge and sees failure not as evidence of unintelligence but as a springboard for growth and for stretching our existing abilities both academically and personally. Out of these two mindsets, which we manifest from a very early age, springs a great deal of our behaviour, our relationship with success and failure in both academic and personal contexts.

So how do we begin to develop such a powerful attitude to learning?

We start with the power of YET... 'I can't do that.. yet', 'This doesn't work... yet', 'I don't know... yet'. By simply adding yet to the end of fixed mindset statements we begin to consider the possibility that we have the power to take ownership of our learning. Just because we don't understand something now, doesn't mean that we are never going to. If as a learner we are resilient, determined and willing we can achieve anything! So the next time you are 'stuck' or can't do something remember, you can't do it... yet!

Over the next half term, as a school we will be developing our understanding of Growth Mindset through a whole school day which will focus on the book 'The Dot'... Keep your eye on our social media to see some of the wonderful things we will do on the day.



Thank you all for making me feel so welcome at Biscovey. I hope you have a great weekend and look forward to welcoming you all back on Monday.

Mr Tyers

Dates for your diary

26.10.20 – 30.10.20	Half Term
18.12.20	Last day of term
04.01.21	INSET
05.01.21	INSET
06.01.21	First day of term
12.02.21	INSET
15.02.21 – 19.02.21	Half Term

