

Autumn 2018

Choose our **daily sandwich lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.

w/c 3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Vegetarian All Day Breakfast Quorn sausage, hash brown, beans & tomato ▲ All Day Breakfast Pork sausage, bacon, hash brown, beans & tomato Pineapple Upside Down Cake	✓ Cauliflower & Broccoli Cheese with herby bread ▲ Beef Lasagne Tutti Frutti Tuesday Strawberry Mousse & fruit	✓ Quorn Roast with gravy & potatoes ▲ Roast Chicken with stuffing, gravy & potatoes Cheese & Crackers with fruit	Pasta Bar with selection of homemade sauces ✓ Tomato & Basil ▲ Beef Bolognese ▲ Carbonara Fruit Crumble with custard	✓ Mini Cheese Pinwheel with chips & tomato sauce Golden Fish Fingers (Cod & Salmon) with chips Chocolate Krispie

w/c 10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Sweet Potato & Chickpea Curry with wholemeal rice ▲ Sticky Chicken with savoury rice Carrot Muffin	✓ Cheese, Potato & Leek Bake with baked beans ▲ Cornish Pasty with oven baked wedges & beans Tutti Frutti Tuesday Berry Chill	✓ Shepherdess Hotpot with gravy ▲ Roast Pork with gravy & potatoes Winter Sponge	✓ Macaroni Cheese with herby bread ▲ Chicken Curry with wholemeal rice Chocolate Crunch	✓ Quorn Meatball Sub with homemade tomato sauce Battered Fish with chips Sultana and Oat Cookie with fruit slices

w/c 27th Aug, 17th Sept, 8th Oct, 29th Oct, 19th Nov, 10th Dec

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Homemade Pizza vegetarian toppings ▲ Homemade Pizza meat toppings Apple & Banana Cake with custard	✓ Vegetable Lasagne ▲ BBQ Chicken with oven baked wedges Tutti Frutti Tuesday Jelly, fruit & ice cream	✓ Quorn Toad in the Hole with gravy & potatoes ▲ Roast Gammon with gravy & potatoes Shortbread Biscuit with fruit slices	✓ Crispy Topped Vegetarian Pie ▲ Homemade Beefburger with oven baked wedges Winterberry Cheesecake	✓ Cheese & Bean Wrap with chips Golden Fish Fingers (Cod & Salmon) with chips Chocolate Sponge with chocolate sauce

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
 (allergy information is available)

Option 12

Served Daily

A baked jacket potato with a choice of toppings



▲ Meat
✓ Veggie
◆ Jacket Potato
■ Sandwich Lunch

Aspens

BUBBLE